

Montagna on spot;
School #8 'saved?'
See 'Honestly Belleville', page 4

Cocozza a 'blessing'
as new Pastor
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Conte wins District 14
See Sports, Page 17

Belleville Times

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50¢



HAPPILY HELPING HOMELESS - Belleville's Lynn Giachetti, Caldwell College sophomore class vice president, (center) joined 60 students, faculty, and staff from the college taking part in Restaurant Nite to Help the Homeless, at the Verona International House of Pancakes. The event raised \$165 for Let's Celebrate, a Jersey City ecumenical coalition providing food, shelter and job training for homeless and at-risk adults.

For school news, see page 25.

To be notified of appeals beyond \$5G...

Council to 'pilot' tax appeal with assessor

By Richard Dickon

Township Tax Assessor Thomas Salzano and tax expert William Merdinger told the Township Council that it would be part of the process of approving an upcoming tax appeal, after the Council mulled over requiring the Manager to notify the governing body whenever settling tax appeals exceeding \$5,000.

At the Dec. 20 Council work session, Salzano explained the tax appeal process, saying his office let the party appealing know the amount he would be willing to reduce the tax assessment and then the two sides enter tax court with a tentative settlement in mind.

Councilman Bill Cook, who had proposed the notification for tax appeal settlements of more than \$5,000, said the Council could "pilot" an appeal in the \$25,000 to \$30,000 range.

"We just want to apprise. I don't think it's fair for us to have to vote on hundreds of thousands of dollars with no explanation, no information. I've asked to be

informed," he said.

Salzano said before the next time that his office sends back appeals, he will sit down with the Council in private session and explain the process.

Merdinger said the Council would be privy to seeing all reports, including discovery and inspections of properties.

In December, the resolution requiring notification was tabled until the Council could sit down with Salzano.

Cook had said the Council gets resolutions on Friday night for a Tuesday night meeting, and has to approve paying \$50,000 or \$100,000 for tax appeals. He said he wants the manager to let the Council know beforehand.

Township Attorney Robert Giordano, who represents the township during the tax appeals in court, said the extra time needed for notification might not sit well with a judge.

Giordano said the Tax Court

(continued on page 2)

Increase nixed 4-3 after Council debate...

Still no raises passed for town management

By Richard Dickon

Township Management employees continue to work without salary increases after the Council rejected the management salary ordinance by a 4-3 vote.

At the Feb. 13 work session, the Council voted down the 2.5 percent salary increases for management employees after first voting separately to keep the base salaries the same as 1995 levels for the Township Attorney and Assistant Township Attorney.

In discussions at the Feb. 20 Council work session, Township Attorney Robert Giordano said he was part of a new organization, the Essex County Municipal Attorneys Association, that is surveying and polling county attorneys on how they are compensated.

He said the two most common forms of compensation are paying a straight salary to one attorney and then contracting other legal work to different staff attorneys specializing in various areas of law.

The other method is to pay basic compensation for specific legal ser-

vices.

"You'll be shocked by the amount of money spent in some municipalities," Giordano said of the association's upcoming reports. "Belleville is neither at the high or low end of things."

Giordano said the association plans a meeting in March, where a prepared survey will be distributed.

The Township Attorney explained the specifics of his contract, answering comments by Council members that he and Assistant Attorney Karen Smith should not get raises under the salary ordinance, since they are contracted positions.

Giordano explained that the contract is for services outside of the regular duties and he gets the same agreed-upon rate of compensation that would be given to any other attorney that is contracted for legal advice.

The Council has already renewed the contract of Township Manager Stephen Cuccio for 18 months, through July 14, 1997.

The Council approved the con-

(Continued from Page 8)

Early school budget brings \$136 increase

By Richard Dickon

School Board trustees promised to reduce the \$33 million tentative 1996-97 school budget, which would increase taxes an average of \$136 for a home assessed at \$40,000, the Township average.

Board trustee Robert Molinaro, part of the budget committee, said at the Feb. 26 public meeting that the budget has already been cut by \$176,000, and "We have some promising ideas to reduce further without affecting educational programs. This budget will be responsible to taxpayers, a fair and frugal budget. I am very confident that on March 25 this budget will be considerably less."

Board trustee Thomas Fuscaldo said he had several problems with the budget, including the 4 percent salary increase for teachers and 3 percent increase for administrators and supervisors built into the spending plan. Those remarks drew criticism from other board members, who said sharing such information compromises negotiations

for a new teacher salary contract.

"I don't agree with this, we need to sharpen our pencils," Fuscaldo said of the budget. Board trustee Barbara Cicalese was absent

(Continued on Page 12)

Notari, Piscatowski Prosperi eye board; Cicalese not to run

School Board Incumbent Vice President John Notari will compete with challengers Judy Piscatowski and Maria Alisa Prosperi for two seats on the seven-member school board in the April 16 school board elections.

Board trustee Barbara Cicalese announced she will not run because of family considerations and personal health concerns. Cicalese's open letter to the citizens of Belleville will appear in next week's edition, along with biographies on the three candidates running.

Ordered to fix health, safety violations...

Council eye refocused on town hall interior

By Richard Dickon

A Council committee vowed to "get going" on renovations to the Town Hall's interior rooms, with questions raised about where to relocate town employees while the work is being done.

Continuing disagreements about how much to spend, and where to focus the renovation of Town Hall have stalled plans, and the town has been ordered to comply with violations found by the state Department of Health.

The reports talks about health and safety issues, including pigeon droppings in the interior, pecking holes in ceilings and blocked exits. Also, a steam leak has caused wood to rot in the finance office.

Other problems were cited with unprotected electrical wiring and moisture in fluorescent ceiling lights.

At the Feb. 22 Council work session, Councilman Bill Cook said completing renovations "floor by floor may be worth it," but the Council committee would need to examine "cost effectiveness."

Councilwoman Angie Paserschia had suggested such an approach, saying "If we do it one portion at a time, we may not have to move people."

Councilman Victor Canning, also on the committee with Paserschia, said he wanted "to meet with (architect) Greg Conito to get going on the interior."

Deputy Mayor Thomas Spillane said he was told the biggest costs in moving employees out of Town Hall during renovations were for computers and telephones. "We have already gotten trailers that could be used to store materials on-site," he said.

A report from the Department of Labor outlined problems with the Town Hall's interior, which led to angry exchanges among Council members who favored spending \$2.1 million on interior and exterior renovations, and those who want to spend less than half the amount.

Several governing body members have complained that many of the items to be addressed in the report involved simple maintenance, such as moving garbage cans or a desk.

The discussion triggered angry rhetoric about the \$2.4 million bond ordinance defeated when three newly-elected At-Large Council members voted against the plan, saying it was too expensive.

Mayor Jim Messina, part of the original committee that recommended the \$2.4 million plans, said the core of the town should not be

(continued on page 2)

Fire superiors get 2.5% raise

By Richard Dickon

The Fire Department's superior officers will receive a 2.5 percent salary increase for 1996 over the objection of two Council members who say the department has too many officers and too few fire-fighters.

At the Feb. 13 Council meeting, Councilman Bill Cook, part of the five-member Council majority that voted in favor of the raises, argued that "We're actually saving money this year with this table of organization."

Cook was referring to about \$77,000 saved in the first six to seven months of 1995 and savings of more than \$100,000 in base salaries for the year projected by Fire Chief Robert Caruso.

Councilman Victor Canning, who voted against the raise along with Councilman Joseph Scaparrino, said "I voted against this table of organization, and consistently voted no, because I believe this will cost more down the line in salaries."

Mayor Jim Messina, who voted for the raise, said he spoken the

(continued on page 2)



ANGRY WINDS ROCK BELLEVILLE - High winds swept through Belleville the weekend of Feb. 24-25. Here, the Department of Public Works cleans up fallen branches on Hornblower Avenue. (Photo By Richard Dickon)

Hockey rink skating from School #8 to #9

By Richard Dickon

Despite specific assurances about safety and accessibility to athletic fields, the Council voted 5-2 in a straw poll to move the street hockey rink proposed for the playing field adjacent to School #8 to existing blacktop at School #9.

The decision to back away from School #8 comes after continuing angry protests from School #8 Home and School Association representatives and parents.

School #8 parents have continued to say the rink would pose safety hazards to the children and take needed space from the already insufficient recreational area, even after Council members have answered all concerns about safety and access to recreation areas.

Another group of parents who have nearly 150 youngsters signed up to play hockey have expressed anger that it was not completed in time for the season.

Gary McDonald, who manages Belleville athletes' participation in the area roller hockey league, told the Council in January that parents had paid between \$300 to \$500 for their children to participate.

Council members Jerry Digori and Victor Canning, who had been part of a committee to build the rink, held out for School #8 until the final vote, saying misinformation and panic had fueled the protest.

Digori said placing the rink at the high school would go against long-range renovation plans for Municipal Stadium, and that he would like to see three basketball courts placed at School #9, which is not near as many residences. He restated that fences would provide safety and gates would provide access for all grammar school children.

Mayor Jim Messina supported keeping the rink at School #8, saying "Keeping it at School #8 is the responsible decision. Moving it is

the popular decision."

The entire Council agreed that the rink should be constructed, but Councilman Bill Cook said, "I can't ignore these parents, I've heard them bring up some points, and I would like to see us look at School #9 as an alternative."

Cook said the switch not cost as much as had been stated, with only lighting costing more but black top and fencing being basically the

(continued on page 2)

Renovation bids rejected for 383 Washington Ave.

By Richard Dickon

Plans for interior renovations and window replacement at of 383 Washington Ave. were stalled after the Council voted to reject all bids to redo the first floor.

The Council, at the Feb. 20 work session, discussed exploring the possibility of negotiating with a contractor without going through the bidding process. This may be allowed after two rounds of bids are rejected, according to Township Attorney Robert Giordano.

Specifications for a plan costing \$240,000 to convert the first floor into a senior citizen/community center have been approved by the Council after some discussion that costs, more than double the original price tag, are necessary.

Councilman Victor Canning had cast the lone vote against the bids, as he had with the bond ordinance, saying \$240,000 is "a little high."

Councilman Bill Cook, who reviewed preliminary plans with Mayor Jim Messina and Deputy Mayor Thomas Spillane, told the Council that other costs could be

(continued on page 10)

Enjoy your complimentary copy of the Times

For the many of you receiving a complimentary copy of the Belleville Times, we ask you to please take some time to browse through this edition.

If you are unfamiliar with the Belleville Times, let us tell you this is our 85th year of publication, covering everything that is Belleville: its politics, its sports teams, and most especially, its people.

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LORDI APPOINTED TRUSTEE - Marge Lordi was appointed a trustee of the Belleville Public Library and Information Center, by Mayor Jim Messina.

Resident stalls con man into police custody

By Kelly Tahaney

After months of rip-offs, police arrested the infamous Film Flam Scam Artist of Belleville Feb. 16.

Anthony McCloud, 32, of Irvington was caught attempting to scam Metro Label Manufacturing Company on Cortlandt Street.

Since September, Belleville residents have been hit eight times by this con man, police said.

His mode of operation is to get a neighbor to pay c.o.d. for a package for their neighbor.

This time, Feacher wasn't going to fall for McCloud's tricks.

Anthony Feacher, an employee at Metro Label was approached by McCloud (dressed in a delivery man's uniform) who claimed that he was dropping off a package for the man downstairs.

Feacher spoke to Newark Detective Esposito three months earlier and the detective told him to

watch out for this film flam con artist.

"He said that he had a package and he wanted \$91.01 for it," Feacher said. "I called the police and stalled him until the police arrived."

Detectives Guiliano and Capece, and Police Officers Schumester and Tribuca made the arrest.

Police charged McCloud on two of the scams. He is being held on \$25,000 bail in a Passaic County jail, Sgt. Edgar Panier said.

He had a partner and police caution residents to stay on the lookout for any more scams.

If you have any leads contact Det. Craig Mack at 450-3359 or Belleville Police at 450-3333.

"I feel great that one less criminal is off the streets and I'll continue watching out for criminals," Feacher said.

Belleville Senior News

By Joseph Restaino

WE THANK THREE

For flowers that bloom about our feet;
For tender grass so fresh and sweet;
For song of bird and hum of bee;
For all things fair we hear and see;
Father in Heaven, we thank thee;
For each new morning with lights;
For rest and shelter of the night;
For health and food;
For love and friends;
For everything thy goodness sends;
Father, in heaven, we thank thee.

By Ralph Waldo Emerson

Now that the weather has taken a turn for the better, the meetings at the Senior Center are in full swing.

Get well wishes to Ann La Vecchia who hasn't been feeling well lately.

Alma Battaglia is also not feeling well.

Sal Calabro is in the hospital.

Jim Troiano was in the hospital but is now home recuperating.

Marion Maggio is also out of the hospital.

Gert Trimarco felt but she was at the meeting so she must be doing OK.

Happy birthday to Vincenza Splendoria from her husband Marco.

Did you know that part of a proposal by Congress, buried in fine print, is a proposal to go after the assets of adult children whose parents cannot afford to pay for their nursing home care. This provision is part of the Republican Medicaid reform plan. About two thirds of Medicaid funds are spent on services for seniors and people with disabilities. Currently the federal government pays 80% of the Medicaid costs and the state picks up the balance.

Under the present law, states cannot consider adult children's incomes when determining their parent's Medicaid eligibility. Under the GOP proposal, states could require adult children whose incomes are higher than the state's median income to contribute to their parent's nursing home care, even if the parent is eligible for Medicaid. In 1994, the median income for N.J. was \$39,000 while nursing home costs averaged \$36,000. If this provision becomes law, the working families with a poor parent who needs long-term care that could easily bankrupt them. Unless citizens young and old rise up to denounce these tactics, they will be successful. So write your representatives protesting this initiative.

From the desk of Belleville Public Library Director Adrea G. Cohen:

Are you a senior citizen who is unable to get to the library, or a disabled person. If so, call Carrie Stuhl or Barbara Dombrowski. Tell them the kind of books you like and they will arrange to have them delivered. However, you must be a Belleville Public Library card holder, or live in Belleville. Please arrange for a family member or a friend to take out a



card for you if you don't have a card.

Quite a number of us seniors have been privileged to attend many concerts given by the Bloomfield Mandolin Orchestra of the Bloomfield Federation of Music, a unique organization dedicated to the advancement of mandolin music. In fact, Ralph Galle, Jeanne Bugan and Mike Stefanello of the Tues. and Friday clubs are members of this prestigious orchestra. It seems that the existing music sheets are old and need replacing. In order to do this in an up to date way, a computer is necessary. However, the orchestra is not a commercial organization but a group of dedicated volunteers getting together to perform for the love of music and mandolins. Their financial resources are limited so they are asking us for help.

They would appreciate any donations residents would contribute toward the purchase of this computer. Checks should be made payable to the Bloomfield Mandolin Orchestra. Donors are listed in their program. You can send them to P.O. Box 1776, Bloomfield, NJ 07003. Thank you in advance for your support of our special group for the joy it brings, not only to us, but to others - Gabriel L. Nevala, director. Let's get behind this worthy cause!

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OUR OPINION

Difficult school budgeting process deserves residents' fair judgement

School Board trustees promised to reduce the \$33 million tentative 1996-97 school budget, which would increase taxes an average of \$136 for a home assessed at \$40,000, the Township average. Unfortunately, if the last quarter century is any indication, it will not matter to disgruntled voters.

The budget has already been cut by \$176,000, and further reductions are coming before the March 25 public hearing and after a March 11 work session. We strongly urge anyone planning to vote against the budget as a knee-jerk response to overall unhappiness with taxes to attend the work session. See the effort being made before deciding to rob children of new text books, new computer technology and new needed teachers.

There are some numbers to consider when judging this budget. The 153 new students enrolled, at about \$8,000 per pupil, almost account for the \$1.25 million increase. On the negative side, building in teacher salary increases of 4 percent and 3 percent increases for administrators and supervisors into the spending plan appears to the average citizen as a concession for salary increases more than the rate of inflation.

The school board has a difficult, practically impossible task ahead of it. Trying to pass a budget that will likely increase taxes more than the \$12 increase of last year is not likely. We can only hope that enough voters give this budget a fair shot, for the sake of the children who represent Belleville's future.

Tax appeal process exposure can only help all understand difficulty

For many people, the property tax appeal process is seen as a villain in increasing the burden on all taxpayers. For the Council, the process is so frustrating that it has demanded to be apprised of all tax appeal settlements of more than \$5,000. So Township Tax Assessor Thomas Salzano told the Township Council that it would be part of the process of approving an upcoming tax appeal.

Salzano explained the tax appeal process, saying his office let the party appealing know the amount he would be willing to reduce the tax assessment. Then the two sides enter tax court with a tentative settlement in mind. The Council would be privy to seeing all reports, including discovery and inspections of properties.

What net dollar effect this will have on property taxes is hard to define, but demystifying the process and having its components discussed in public may serve to

show citizens that tax appeals are a symptom of an overall shrinking tax base and a long-term economic downturn in Belleville, Essex County, New Jersey and America.

Residents and merchants are not stealing large tax breaks from hard-working, honest taxpayers. By and large, they are simply being given back what they have been unfairly assessed for 1996 in Belleville.

Residents may not want to look at the bigger realities, but perhaps publicizing the process will force people to look at what is really happening. We laud Councilman Bill Cook for proposing the notification for tax appeal settlements of more than \$5,000. By so doing, residents can be more assured that nothing is going on behind the scenes to increase their tax burden. We only wish exposing tax appeals to the public could reverse the trends of shrinking rates and increasing costs for services.

Quotables

The secret of staying young is to live honestly, eat slowly, and lie about your age. -- Lucille Ball

The richer your friends, the more they will cost you. -- Elisabeth Marbury

Every generation imagines itself to be more intelligent than the one that went before it, and wiser than the one that comes after it. -- George Orwell

As we advance in life, we acquire a keener sense of time. Nothing else, indeed, seems of any consequence; and we become misers in this respect. -- William Hazlitt

The heart should have fed upon the truth, as insects on a leaf, till it be tinged with the color and show its food in every minutest fiber. -- Samuel Taylor Coleridge

Time makes more converts than reason. -- Tom Paine

I'm living so far beyond my income that we may almost be said to be living apart. -- e.e. cummings

I could now afford all the things I never had as a kid, if I didn't have kids. -- Robert Orben

Prosperity makes friends; adversity tries them. -- Publilius Syrus

A man never goes so far as when he does not know whether he is going. -- Oliver Cromwell

Advise and counsel him; if he does not listen, let adversity teach him. -- Japanese proverb

'Honestly Belleville'

By Richard Dickon

Montagna must put (tax) money where his mouth is; School #8 'saved' from better lot

For years, long before I entered the zoo that can be Belleville politics, Frank Montagna has screamed on and on (and on) about the need to freeze salaries and reduce budgets to rescue beleaguered taxpayers. This spring, Montagna gets to float through the looking glass, from gaddily to governing body, from watchdog to watched politician.

As a member of both the school budget and school teacher salary contract negotiating committees, Montagna finally gets to show what he can do to reduce the tax burden. If Montagna comes back with anything less than a tax reduction in the budget and a salary freeze for teachers, then all his angry rhetoric in the name of taxpayers has simply been posing.

Montagna gets the benefit of the doubt on his commitment to keeping his campaign promises. Of course, the same benefit of the doubt on removing illegal students was extended to Montagna, and he proceeded to drive away two dedicated mothers from the residency committee, not to mention taking part in a highly unethical and probably illegal removal of two board trustees from the residency committee. Anyone paying attention to this on-going travesty can see through the lame excuses to the political character assassinations going on toward Second Ward Councilman Joseph Scaperrotta.

Still, Montagna has a chance to keep two of his other biggest promises to voters. For their sake, I hope he sticks to his convictions and is not perceived as trading his integrity for some kind of political deal. Now, I don't happen to agree with a salary freeze for teachers, favoring instead an increase tied to the cost of living index. Reducing the school budget's tax levy will be difficult in a year when more than 20 points of increase are built in because of lost funding. Residents should be fearful of drastic slashing that may potentially impact their children's edu-

cations. We're watching Frank, and I will not hesitate to portray him as a hypocrite if he does not stick to his previous rhetoric. The ball is in his court, stay tuned to see if he fumbles it...

So, the slightly hysterical parents at School #8 are celebrating the fact that the roller hockey rink will not ruin (!!) their sacred black top. But what have they won? Take a close look at the macadam any afternoon. You are likely to see broken glass and other debris. The placement of a hockey rink would have brought better maintenance of the that same black top, with no logical threats to safety or access to outer playing fields.

The truth is, those very well-meaning mothers let themselves be used by a few politically cynical types, one of which I believe is using this non-issue to try and improve his political position. That is shameful. It is hard to blame parents for overreacting when they believe their child's safety or ability to play is compromised. It is significantly easier to blame those who would exploit such fears. I do.

I also congratulate Jerry Digori, Victor Canning and Joe Scaperrotta for their hard work in trying to bring the rink to reality. Now, unfortunately, the rink is doomed to being kicked around town as a political football. The only hope is that enough parents can be made to listen to reason about allowing the rink to find a home before next season. After witnessing what happened at School #8, it is easy to doubt that this project will find a home...

The name of this column has changed, necessitated by on-going events involving local politicians. It is the intent of this column to continue highlighting those who do good things in Belleville, but with elections around the corner, it has become necessary to separate fact from fiction virtually every week.



Of All Things

By Frank Orechio

A feature of the Nutley Sun, Bloomfield Life, Belleville Times and Glen Ridge Voice

• THE Kevin G. Kennedy Civic Association will host its third annual scholarship breakfast at the Branch Brook Manor, Belleville, on Sunday, April 14th, from 10:00 to 12:00 noon. This year's scholarship is being offered in memory of Patricia DuBoye and Ralph Wendler. The Association will also make a donation to the Deborah Heart and Lung Center. The Humanitarian of the Year award will be presented to Township Clerk Mary Lou Hood. Congratulations to Mary Lou!

Tickets for the breakfast are \$15 per person and may be obtained by contacting President Thomas Grolomind at 751-2575, or may be mailed to the Kevin G. Kennedy Civic Association, P. O. Box 192, Belleville, NJ 07109. Deadline for tickets is April 10th.

• IT'S clear the American voting public has a problem with the 1996 presidential vote. Republicans present four viable candidates - right-winger Pat Buchanan, Conservative U.S. Senate Majority Leader Bob Dole, former U.S. Secretary of Education Lamar Alexander and New Jersey's Steve Forbes, publisher of Forbes Magazine.

This crowd doesn't leave much choice. The sentimental favorite is Bob Dole.

Events of the next ten days should determine Dole's fate. He is expected to win Arizona, South Carolina and Texas. If he loses any one to Buchanan, look for the finance men and women of the GOP to ask Dole to quit and endorse Lamar Alexander.

If Dole wins all three, then the

pressure switches to Alexander.

One on one, either Dole or Alexander can beat Buchanan who is expected to top out at 35% of Republican Primary votes. With Dole and Alexander dividing the moderate vote, Buchanan wins - a result that guarantees re-election of Bill Clinton.

New Jersey's June Primary Election may count for something if the four stay in the race "till the end".

Taxpayers need relief from taxes, but Forbes' flat tax gimmick is not the answer. Imagine telling taxpayers they no longer can deduct mortgage interest and real estate taxes on their personal returns! It just will not sell. The Forbes gimmick may turn out to be his Waterloo. His negative ads in Iowa and New Hampshire almost sealed his fate. Voters have lost patience with negative messages. They want to hear an uplifting message.

• HERE'S one for Ripley. Government scientists report they have discovered an instantaneous test for deadly food germs found on meat products, but have been told they must work on the project on "their own time" because of federal budget cuts! The test was developed by scientists at Sandia National Laboratories in New Mexico.

• VOTERS of Wellington, Florida, the Polo capital of the East Coast, have a choice of TWENTY-SIX (26) candidates vying for five council seats. Candidates could win with 10 to 15 percent of the votes cast. This obviously should call for a run-

off election.

• A 92-YEAR OLD Florida resident is charged with sexually assaulting an 80-year old woman in his room at a Florida nursing home. Two nurses halted the attack. The offending male was arrested and remanded to an isolation cell in the Flagler County jail.

• NATION OF ISLAM leader Louis Farrakhan returned from a 20-nation "World Friendship" tour during which he was quoted as saying God would destroy the United States "at the hands of the Muslim", inciting a civil rights war - or as Buchanan puts it - a culture war.



Louis Farrakhan



Pat Buchanan

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YOUR OPINION

Decrying lack of progress on rink

To the editor:

On Tuesday, Feb. 20, the members of the Township Council voted to overturn their original decision regarding the building of a roller hockey rink at School #8 and decided to vote on the rink once again.

They voted 4 to 3 against constructing the rink at School #8. Who knows why the council changed their minds about the original vote back in September.

The construction of the roller hockey rink at School #8 was given approval by the Board of Education and they have to this point stood by their decision.

This idea for this project was first started in the winter of 1994 by Gary McDonald. He has put up with the political machine of Belleville for over a year to try and develop a program in the town that in its infant stages has the interest of over 140 children from third grade to the high school.

This number would have grown significantly if the rink was constructed and the roller hockey league was established. In addition, many volunteers were willing to donate their time without any cost to the town.

This process was beginning to finally start in November, when after several meetings between township officials and committees, the project looked like it was ready to go. These volunteers went to School #8 on a Sunday early in November to remove fencing with the approval of Township Manager Steven Cuccio.

We were told to leave the fencing and posts next to the fieldhouse for the town to pick up. This work was done because we were advised that the paving was scheduled to begin within the next week.

A few weeks passed and several unanswered calls were made to the council members and the town manager regarding the status of the rink. Finally, in early December, a paving contractor had begun to pre-

pare the surface for paving. For some reason this work stopped.

Coincidentally, around this time a couple of opponents to the project surfaced. Suddenly, all the support for the building of the rink, that was already approved, was beginning to change. Then Mother Nature turned on us and gave us snow and cold weather.

Unfortunately for the kids and fortunately for the council, they had another excuse for delaying the project. By the way, the last time I looked the fencing and posts had not been removed from the grounds.

Soon it was January and no progress was made. The roller hockey teams were to begin playing in a league but, without a home rink they had to drop out. This caused players, parents and coaches to attend the January Township Council meeting to try and get answers to their questions on why they were led to believe that the rink was to be constructed and to this date nothing has been done.

It was interesting to find out the responses that were given. First, we were told funding had to be applied for and that procedure would take six weeks. Well, it was now January and the rink was approved in September.

It seems to me that more than six weeks have passed.

Then we were told there was snow on the ground and it was too cold to pave. I agree with that statement, but if this had been started when it was scheduled, there would not be a problem with the snow and cold.

The third response we received stated this was not private industry and projects had to progress according to guidelines and regulations. Again, I agree with that comment. The part I question is why we were told from the beginning that there was a possibility that the rink would not be constructed in time due to "red tape." If we were told sooner,

alternate arrangements could have been made so that the kids could be playing hockey now.

It is amazing how people tell you that organizing the roller hockey league is great, but when it is time to act, the ball (or should I say puck) stops rolling.

Enough of that. The audience was then told that the council was all for building the rink and as soon as the weather improves the construction would start. We were told that it would probably be completed some time in March.

We left the meeting knowing that the winter season had been lost but hopeful that we would begin a league in March. Apparently, not everyone in attendance agreed with the council's intention of following through on their commitment to construct the rink.

Now after months of almost no progress, we had a new enemy. This is the School #8 Home and School Association. From out of nowhere, they apparently came up with a petition of 500 names to get the council and Board of Education to reverse their decision. Why, I don't know.

I heard that they were against the rink because of parking. Anyone familiar with School #8 and Clearmont Field realize that sporting events that attract many cars are held in the spring, summer and fall.

Another reason given was because of the bad element the rink will draw. I even heard it will attract people from Newark. This just goes to show you what people will say to try and get their point across.

The only concern I heard that was legitimate was what effect would the rink have on the children that attend School #8. The Board of Education addressed this issue in coming to their decision to approve the site. Safety was an issue and that was addressed. The issue of where the children will play during recess and gym was a concern. It was noted that access to the hockey

rink, which would be surrounded by a fence and locked, would be available to the school. This area could be used for kickball, soccer and it was even discussed to bring in portable basketball nets to be used by the school.

In my opinion, the children would get more use out of that area with the rink in place than they do now. Maybe some of those people that signed that petition were not aware of this. I know if I were a child in grammar school and I had access to a facility like this, I would be happy. I question how much use that area received when there was a fence around the area where the tennis courts were and cracked pavement with broken glass on it.

Once again, the bottom line comes down to the children of Belleville being deprived of a top-rate facility. I guess we can add this to the list.

What happened to the swings and basketball courts in town? What happened to the track at the stadium? How long did it take to get the high school tennis courts built? Didn't the high school baseball team have to play their games on the road one season? The list goes on.

The decision to construct the roller hockey rink at School #8 was agreed upon because it was the best location when you take into account location, cost to build and the future development planned at the Municipal Stadium. School #8 is cost-efficient because there is already an area that has a layer of pavement as a base, the current fencing could possibly be utilized and the electrical work needed is minimal.

In conclusion, the decision by the council to renege on their original agreement further brings to light the impact small town politics have on a community.

I realize that there are more important issues at hand, but it always seems that this is the answer given when things don't get accomplished whether it be paving a street, cleaning up leaves and yes, even building a hockey rink.

Maybe it's time that the decision's made by the council and Board of Education are based upon the wishes of the entire town rather than the vocal few.

Michael Porecco

Belleville Police Blotter:

• Juan Valentine, 24, of Newark was arrested for attempted burglary Feb. 19.

Officers Schumeister and Tribuca were called by a Dow street neighbor concerning a suspicious person. The officers found Valentine in possession of burglary tools and drug paraphernalia.

Valentine was also wanted for contempt of court, police said.

• Richard Makowski, 29, of East Rutherford was arrested for possession of a controlled dangerous substance Feb. 20.

Detectives Guiliano and Capece observed Makowski walking along Mill and Main streets looking into parked cars and trying to open them.

The detectives noticed Makowski putting something in a cigarette pack and then discarding

it.

They found four vials of cocaine and charged Makowski for possession of CDS.

• Naptely Escobar, 18, of Newark was arrested for possession of CDS Feb. 21.

After a motor vehicle stop on Washington Avenue, detectives Guiliano and Capece found Escobar in possession of marijuana.

Police charged Escobar with possession of CDS and under the influence of CDS.

• Theodore Haines, 18, of Belleville was arrested Feb. 22 for possession of CDS.

Haines was caught smoking marijuana, on East Overlook Avenue by officers Tribuca and Shumeister.

He was charged for possession of CDS, police said.

Entertainment '96 at library

The Friends of the Belleville Public Library and Information Center, 221 Washington Avenue, are selling "Entertainment '96. Entertainment '96 provides discount dining at restaurants, hotels, fast-food locations, car washes, cleaners, to name a few, as well as Entertainment Gold, which, if activated by the purchaser offers 25 percent discounts at restaurants throughout the United States, as well as two for one discounts provided in the book. The cost is \$40. Please make checks payable to the Friends of the Belleville Library.

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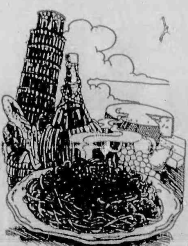
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King 3 Pc. set	1670	835	126	709
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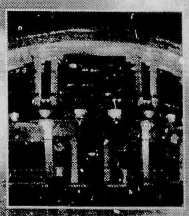
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Life in Silver Lake

By Marie Strumolo Burke

Father Coccozza 'a blessing' as new Pastor

Lately, it seems that I can't do anything right. I won't tell you that it's due to the 'over 50 syndrome' cause I think you're tired of hearing it. This time I had 'a slip of the pen' or should I say 'a slip of the mind.'

It seems I'm back in time about six years. Remember, a few articles back when I thanked the nurses and aides at Clara Maass for the excellent treatment they gave my husband. Well, I asked the CEO of Clara Maass to take note of these fine employees. The only problem was, I asked the wrong person. I asked a Mr. Arnold when I should have been asking a Mr. Curtis. Well, I'm only human.

I was made aware of this gaffe, (which means a social or diplomatic blunder) by and old acquaintance, Dee Freedman of Carolyn Road in Belleville, who is an employee of the hospital. After talking with her, I was puzzled as to why I had the wrong name. At first, I thought it was because there is a Mr. Arnold who is the head of the County Hospital Center in the com-

plex where I work. But something was telling me there had to be another reason why I blundered. I did some detective work and found out that about six years ago, there was a Bob Arnold, who was the Vice President of Clara Maass.

Alas, all the pieces started to fit. My memory came back and I remembered that he and I had many conversations regarding Silver Lake and he was always helpful to me and always ready to lend 'a helping hand.'

I'll tell you, when I make mistakes, I really make 'em. Now it's my turn to apologize to the Real CEO Robert Curtis, chief honcho of Clara Maass. I promise to never 'err' again. Now let me get the name straight this time.

As I said before, Mr. Arn. ops, I mean Mr. Curtis, please give those special employees from the 2nd Floor North Annex the due they are due, first for their work attitude, second for their professionalism, and lastly for their caring.

Silver Lake's new Pastor

How lucky Silver Lake is to be blessed with Father Dennis Coccozza, our new Pastor of St. Anthony's Church. I'm not sure what Church the Father came from, but I know it is Silver Lake's fortune to have him and their misfortune.

On Dec. 9 of last year, a Mass was held to install him as Pastor with a reception following at the school. I wasn't in attendance, but I understood that the Mass was a sight to behold. Even the Most Reverend Bishop was there as well as family and friends and other clergy. All in all there were over 300 in attendance.

My 'cub reporter' tells me that it was a very moving ceremony and something that some people never see in a lifetime... The Installation of a Pastor.

So, to our Pastor Dennis Coccozza, Silver Lake wishes you well. And by the way, if Silver Lake had to choose a Pastor, there would be only one candidate...



Marie Strumolo Burke

YOU.

The countdown continues. An Evening with Bobby Byrne on Saturday, March 30, at Truffle Caterers is coming close. Tickets are at a minimum, so give Angel a call at 759-2703. On that evening we will draw our 50/50 raffle.

Tickets have been sent to all our members and are priced at \$1 each. If more tickets are needed, let us know. If any non-members are interested in supporting the 50/50, please call the number above. Monies will be distributed to the SLCA Scholarship, School #4, and any other worthwhile endeavor.

REMEMBER, WE LOVE SILVER LAKE

Still no raises passed for town management

(continued from page 1)

tract following a performance review of Cuccio done in November in closed session.

Councilman Bill Cook cast the only vote against the new contract. He had submitted a format for the review to the rest of the Council, and he asked the governing body for any final suggestions.

After deadlocking 3-3 last August on whether to remove the Township Manager and Township Attorney from approved salary increases for town management employees, the Council included the two positions after discussing performance evaluations for the positions.

Three Council members, Joseph Scaperrotta, Victor Canning and Angie Paserchia, voted for the three positions to be negotiated separately from the management salary ordinance, which provides 3 percent salary increases for man-

agement positions.

Scaperrotta, Paserchia and Canning all agreed last June that those two titles should be negotiated separately from other management employees, following a review of individual job performance.

Cook had said after voting to include the two in the management salary ordinance that a performance review should have been done last year, while strongly suggesting this performance review and negotiating the two salaries separately next year.

Messina has called on the Council to review performances this year.

Spillane has said he wanted to dispel any notions that the Council is unaware of the performance of the Manager and Attorneys, adding that the Manager and Attorney are reviewed everyday, and the Council tells them when they are unhappy with their performances.

Congressman

Bill Martini

Eighth District - New Jersey

Come Meet Congressman Bill Martini at Town Hall meeting

When: Friday, March 1st - 6pm-7pm

Where: Belleville Town Hall
152 Washington Ave. Belleville, N.J.

The Congressman will address the important issues facing our country and be available for a question and answer session.

Should you have any special needs, please feel free to contact my Congressional office at 201-523-5152 before the meeting

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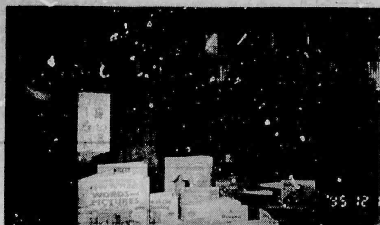
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Carol Casale, education chair, the Woman's Club of Belleville, helped sponsor a literacy project for the second year with the Belleville Public Library and Information Center, entitled Books From Tots to Teens, co-sponsored by the Public Relations Committee of the New Jersey Library Association, to provide books to children who are needy and unable to purchase their own books. Thanks to all those who contributed.

Poetry program

In honor of National Women's History Month, the Poetry Society of the Library, co-sponsored by the Literature Department of the Woman's Club of Belleville and the Friends of the Library will present a program of "Poetry For, About, and By Women." Library director, Andrea Cohen, chair of the literature department of the Woman's Club and an active Friends' member, will prepare a poetry booklet for this event to be distributed. Participants are also encouraged to bring their original poetry to read.

The program will be videotaped and presented on WBHS, Belleville High School television, in conjunction with Marilyn McCabe. Helen Talbot is co-chair of the literature department.

BOOK MARKS

Programs for History Month

March is the time to set aside to celebrate the accomplishments of women during National Women's History Month.

On March 7, at 1 p.m., the film "Song of Bernadette" will be shown. On March 11, at 1 p.m., a program entitled "Poetry For, About, and By Women." will be featured. On March 14, at 1 p.m., Act One Presentations will present the play "The Trial of Susan B. Anthony." March 21, the film "Eleanor Roosevelt-Restless Spirit" will be shown. March 25, at 1 p.m., the play "The Belle of Amherst" will be shown. March 26 and March 28, at 10:30 a.m., a special program, entitled "Spring Flowers for Mom and Me" will be presented. March 28, at 1 p.m., the film "Pocahontas" will be shown.

The celebration will continue on April 16, at 1 p.m., when Dr. Angus Gillespie, Professor of American Studies at Rutgers University, will discuss "Famous Women in New Jersey."

Renovation bids rejected for 383 Washington Ave.

(continued from page 1)

addressed for the \$200,000 price tag, and the extra funds will ensure that more costs are not incurred in as little as two years.

The revised plans include replacing windows on the first floor, Cook said, adding that spending \$200,000 will make the building "habitable," and the heating, venting and air conditioning systems would have to be done in two years anyway.

Preliminary plans, introduced in June, had the Belleville Alliance for Substance Education (B.A.S.E.) relocating its CHASE center offices from Joralemon Street as part of the renovations, according to Township Manager Stephen Cuccio. The room would be adjacent to a 2,500-square-foot senior citizen/community center.

The \$109,000 plans, submitted by Comito and Associates architects, were reviewed by a Council committee comprising Messina, Spillane and Bill Cook. The costs

did not include furniture or other equipment and are only for the interior of the building.

Answering complaints from a handful of residents, most of whom urged the Council not to incur further bond indebtedness, Messina said the \$109,000 would be a patch job, and he believes the Council should do the job right.

Councilwoman Angie Paserschia, citing the cost to taxpayers, cast the other negative vote.

Messina has said the Council does not expect to spend the entire \$240,000, since estimates are lower.

Councilman Joseph Scaperrotta defended the costs, saying the town will finally have a civic center, a nutrition center, a senior citizens center, all things that past administrations have neglected. He added that the sitting Council should not be faulted for correcting what should have been done 15 years ago.

In addition to replacing the heating and air conditioning systems along with installing new windows, the plans call for demolition, masonry work, as well as electrical, plumbing and painting specifications, Cuccio said, for the first and second floor of the building, which now houses several town departments, including Welfare.

The inclusion of a possible nutrition center, to serve older residents, is also planned for the first floor.

The CHASE center would have its own entrance and several hundred square feet of space. BASE is looking to relocate and pay \$500 per month for the space because the Joralemon Street headquarters are raising rent, Cuccio said.

The room would be adjacent to a 2,500-square-foot senior citizen/community center.

Among the improvements would be a new seven-foot high store front in the front of the building, to provide less window space.

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Charles Daidone is shown with his Wood Bird Sculpture and Carousel Horses that he recently had on exhibit at the library. If you are interested in exhibiting your special collection, crafts, or hobbies, or an organization wishing to exhibit, call Joan Taub, head of adult services, at 450-3434.

Calendar of Events

Trustees Gallery: The art of Jose Cruz is on exhibit in the Trustees Gallery of the Belleville Public Library and Information Center, 221 Washington Avenue.

An Art Exhibition by Carolyn Lackey will be on display in the Trustees Gallery, beginning March 1.

Exhibit Cases: "Unique Candles" by Alison Haar and "Stamps" by Betty Johnson, are on exhibit at the library.

"Chinese Artifacts" by Dr. Ming Bao are on display during the month of March.

Feb. 28 - "New Mexico and Colorado" will be discussed by Frederick Dammont at 1 p.m. at the library.

Feb. 29 - "Cholesterol Levels for Children and Proper Eating Habits" will be discussed at 10:30 a.m. at the library.

An art reception for Jose Cruz will be held from 6:30-8:30 p.m. at the library.

March 1 - The Musical Film Class Series features the film "Zorba the Greek" at 12:30 p.m. at the library.

Registration begins for March Art in the James J. Cozzarelli Jr. Children's Room. A complete listing is available, so please come in person.

March 2 - English for the Foreign Born Class will take place from 10 a.m.-12 noon at the library.

March 4 - A reading happening of "Thumbelina" will take place at 3:25 p.m. at the Shafter Branch Library.

March 5 - The Opera Film Class Series features the film "Roberta Devereux" at 12:30 p.m. at the library.

"Computers for Mom and Me" will be discussed by Cindy LaRue at 10:30 a.m. at the library.

English for the Foreign Born will take place from 6:30-8:30 p.m. at the library.

March 7 - "Computers for Mom and Me" will take place at 10:30 a.m. at the library.

"The Song of Bernadette" will be shown at 1 p.m. at the library.



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UNICO establishes scholarship

Representatives of the Belleville Chapter of UNICO National met with Belleville High School principal Joseph Petrillo.

The meeting was to establish and formalize the rules and criteria which will be used to select the Brian Piccolo Sports Awardees and the student to be presented with the very first Belleville UNICO National Martini Memorial Scholarship. Application for four National Scholarships will also be

made available for Belleville students.

Chapter president Gene Antonio and Dr. Emanuele Alfano both said they hope that this would be the first of many additional scholarships to be sponsored by the new Chapter. The Chapter's scholarship candidates will be required to write a five hundred word essay about a famous Italian American as one part of their application.

The candidates for both of these awards must be of Italian heritage and residents of Belleville. All awardees will be honored at the Chapter's first Award Breakfast June 9, at 8:30 a.m. at the Chandelier.

Tickets can be purchased from the Brian Piccolo co-chairman Peter Strumolo at 429-0698 and scholarship co-chairman Peter Biondi Jr. at 661-2800.



AARP 'INSURED' OF INTERESTING DISCUSSION - Pictured at a recent meeting of the Belleville A.A.R.P., Chapter 2051, is Jerry Iacangelo, of the Iacangelo Insurance Agency, who spoke to the A.A.R.P. about financial planning. Andrew Lordi, Program Chair of the A.A.R.P., is standing at the right of Iacangelo.

Rainbow Men to speak on social transformation

The seventh annual Men at Montclair conference, "Rainbow Men Working for Personal and Social Transformation," will be held at Montclair State University on Saturday, March 2, from 7:30 a.m. to 5:30 p.m.

A panel of men, age 18-80, speaking on "What is Success to Me?" will open the conference.

The Men at Montclair conference was initiated in 1990 by a network of Northern New Jersey men involved in support groups. Volunteers include Arnie Barnes-Schwartz, a Montclair state guidance counselor; Vernon McLean of Bloomfield, chair of the African-American Studies Department at William Paterson College; Jeff Sakin of Plainfield, businessman and Gay Activist Alliance leader; Ed Horvath of Pompton Lakes, a corporate executive; Barrie Peterson, Teaneck pastoral counselor; John Maron, New Brunswick educator and therapist; and Steve Rubin, Belle Mead therapist.

"This year's theme is men taking responsibility to be more soulful

and less addictive," said workshop planner Barrie Peterson. "The conference is inclusive of all men, not following any political, religious, ethnic or lifestyle line. We're particularly happy this year to offer workshops on both the booming evangelical Christian Promise Keepers movement and local follow-up actions since the Million Man March. Other workshops will explore ways men are renouncing violence, selfishness and tribalism to make a positive contribution to transforming manhood and our broken society."

In past years, keynote speakers have included Chris Harding, editor of the national newspaper Wingspan, and Jake Swamp, chief of a Mohawk Nation clan.

Registration fee is \$45, \$10 for students. The price includes lunch and refreshments provided by MSU's Wellspring Project. A \$20 late fee will be added to registrations postmarked after Feb. 23.

For more information or a brochure, call the Men at Montclair Hotline at 744-3342.

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Early '96-'97 school budget brings \$136 tax increase

(continued from page 1)

because of the death of a close friend, although a statement was read on her behalf announcing she would not seek re-election. (See related story, this page.)

The board will conduct a work session on the budget March 11, before passing a final budget following a public hearing on March 25. A tentative budget must be submitted now for review by the State Department of Education.

The budget contains the maximum "cap" increase of 4.76 allowed by the state, and is \$1,253,000 more than last year, a total of 34 more tax points. Contained in the budget are two new elementary teachers to ease overcrowding, two special education teachers and two bilingual teachers mandated by the state.

Other new initiatives include \$123,276 for new technology, and funding for new text books in language arts, science and math for the high school.

Fuscaldo also criticized the budget for not addressing overcrowding or the fate of School #1. When School Board President Ralph Mazzuca said Fuscaldo was criti-

cizing the budget without being part of the committee, Fuscaldo angrily replied, "I was on the committee. You kicked me off and replaced me with (board trustee) Frank Montagna. You're not going to get away with saying that."

Mazzuca said several options are being considered for School #1 that would offset the costs of renovations, which would exceed \$1 million.

Montagna said he "took exception" to Fuscaldo's comments. "We would not be hiring new teachers if we had no place to put them," Montagna said. He said he has been screaming for 20 years that there is "fat" in the budget, and will do everything he can to trim the fat as a budget committee member.

Molinaro said 153 additional students, costing about \$8,000 per pupil, account for a \$1.2 million increase in the budget. "No one here likes to pay extra taxes," he said, adding that many costs are mandated and beyond the board's control.

Superintendent Michael Lally said the budget is "student-oriented," and that he would "fight with my last breath for the kids." He

added later in the meeting that if any board member sees "fat" in the budget, "to bring it forth."

Board trustee Lou Pallante said the budget process has been "a learning experience" for him, and suggested that the board start the process "in September or October" next year.

Last year's \$31.6 million school budget contained an average \$12 tax increase, but was brought down to zero after the Township Council cut about \$131,000 from the budget, which was once again defeated by voters.

The 1995-96 budget contained a small increase, thanks in great part to an additional \$202,217 in state aid and \$640,000 from a prior year tax adjustment. That money came from the state Commissioner of Education's restoration of funds cut from a previously defeated budget by the Council.

In 1994-95, residents rejected a budget, which contained a 64-point increase. The Board of Education last year had only \$167,000 in surplus, while school officials are recommended to have anywhere from about \$900,000 to more than \$2 million by the state.

Last year's budget was set at \$442,266 below the State-allowed cap on spending increases of 4.76 percent, with a general fund increase of 3.1 percent. The \$6,624 per-pupil cost was among the very lowest in the county, while more than \$735,500 was cut from initial budget requests and substantial savings were made by providing programs within the district rather than sending students out of the school district, he said.

Despite being defeated and reduced, last year's budget included a full-time crisis counselor for grades kindergarten through 12 and keep the full-time athletic trainer

and the part-time domicile investigator hired to detect students illegally attending Belleville schools, Lally said.

Essex budget proposal chops \$37.6M in spending

In the earliest introduction of a county budget in more than a decade, Essex County Executive James Treffinger on Jan. 22 announced his second consecutive balanced budget that does not raise taxes.

"My goal of 'Essex first' is to make Essex County a place where our residents want to live, work, invest and raise their families," the county executive said. "That goal, premised on not raising taxes and radically reducing the size, scope and spending of a once-bloated county government, is the message of my 1996 budget—the second year of my fiscal recovery plan."

Treffinger's total budget proposal for 1996 will be \$492.4 million, a reduction of \$37.6 million from the 1995 budget.

Also, for the first time in many years, he said, there will be no reliance on bonded debt for the county's operating purposes.

Treffinger also reported that in 1995, emergency appropriations were not required.

"We made sure that for once," said Treffinger, "government lived within its budget; by contrast, in 1994 there was \$11 million in over-spending which was added on as year-end emergency appropriations to accompany an earlier 1994 tax increase of \$10 million."

"We've come a long way since the days of chronic financial mismanagement of Essex County government," Treffinger said.

"I believe through our efforts, and with the partnership and support of the Board of Freeholders, we have made great progress and, under this 1996 budget I am proposing today, we will make further strides toward complete fiscal recovery and reform. And, we have done this without raising taxes and by putting Essex first," he said.

The 1996 budget will be reduced through various cuts in expenditures, consisting of \$25 million from those areas directly controlled by the county executive, and \$11 million in other departments.

One of the key initiatives which Treffinger had targeted for 1995 was the need to stem the loss of ratables from the county, a hemorrhaging flow which reached \$1 billion in the year prior to his election.

"While that tide has not yet been fully reversed, the improved fiscal situation in Essex resulting from my policies has helped reduce the decline by more than 75 percent, or more than \$700 million," noted the executive.

Treffinger concluded by emphasizing that to achieve fiscal recovery, the county government cannot deviate from the prescriptions for recovery and reform that were initiated in 1995 and which are continued and enhanced upon in this 1996 budget.

Some of the key 1996 initiatives, he said, were:

- Annualized savings of \$2 million by privatizing all janitorial and security operations for county buildings (the security function this year will be given over to the sheriff but at the same cost reduction as resulted from the privatization).
- Elimination of all discretionary grants funded by county taxpayers—more than \$600,000.
- Reduction of the county automobile fleet.
- Layoffs of 317 county employees.
- Elimination of more than 70 other positions which were not filled.
- The pooling of vehicles.
- Reform of a workers' compensation system which lost millions each year beyond what should have



Jim Treffinger

- Restructuring of health benefits for employees to save millions, due to the inefficiencies.
- Elimination of benefits for all part-time employees by mandating that no part-timer can work more than 19 hours per week, below the 20-hour legal threshold for benefits.
- Elimination of all taxpayer-reimbursed travel and convention and meals expenses.
- Establishment of pre-audit procedures for all spending.
- Increased savings from invigorated welfare fraud investigations.

PBA Local #28 is hosting 86th annual police ball

The Belleville Police Association Local #28 is hosting its 86th Annual P.B.A. Ball on Saturday, March 23, from 7 p.m. to midnight.

The dinner/dance will be held at the Chandelier Restaurant, located at 340 Franklin Ave. Tickets are now available at \$75 per person.

Anyone wishing to attend or needing additional information may contact Det. Jim Giuliano at 450-3364/3363 or Officer Anthony Weiners at 450-1033.

Lordi appointed library trustee

On Jan. 9, Marge Lordi was appointed as a trustee of the Belleville Public Library and Information Center. Her appointment by Mayor James Messina was supported unanimously by a resolution of the Township Council.

Lordi has been a past president of the North Newark Community Council, a past president of the Summer Place School, Parent-Teacher Association, now a president of the St. Peter's Rosary Confraternity, and currently president of the Friends of the Belleville Public Library and Information Center.

As president of the Friends, she helped institute the fundraising drive for the library's piano. During National Library Week, she was awarded the Distinguished Service Award for outstanding service to the library. She is also an active AARP member.

"I am thrilled to have been selected a trustee," Lordi stated, "because I believe that the library is an asset to the community, in terms of providing information, books, media, culture, and outstanding programs."

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Possible Effects Of Spinal Subluxations

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Neck, glands, shoulders, arms, hands, fingers	Neck stiffness, sore throat, difficulty swallowing, difficulty turning head, and difficulty holding objects.
Heart, lungs, breast	Heart palpitations, chest pain, difficulty breathing, asthma, and emphysema.
Stomach, intestines, digestive organs	Stomach pain, indigestion, heartburn, and acid reflux.
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A view from Capitol Hill

By Bill Martini
Congressman, Eighth District
A feature of The Nutley Sun, Belleville Times,
Bloomfield Life and Glen Ridge Voice

Earlier this month, the National Governors' Association reached a bipartisan agreement on welfare reform — an agreement aimed at making government smaller, less costly, and more efficient.

The governors' plan may pave the way for a compromise to end the impasse between Congress and President Clinton on the balanced budget negotiations.

The agreement builds on Republican principles of reducing the burden of federal bureaucracy, while increasing states' flexibility and guaranteeing coverage for America's needy. I and other Republicans believe the governors' plan, while not perfect, is a step in the right direction.

Last month, Congress passed a bipartisan welfare plan to strengthen families through personal responsibility, combat ille-

gitancy, break the cycle of dependency inherent in the system, restore the dignity of work, empower those closest to the problems, eliminate abuse, and crack down on deadbeat parents. However, President Bill Clinton vetoed this measure on Jan. 9, leaving the nation's governors in limbo.

Our nation's governors have understood for many years the problems with a one-size-fits-all federal entitlement system. In fact, New Jersey's own Gov. Christine Whitman has been a leader in trying to find ways to get Washington's cumbersome regulations out of the way.

States such as Michigan, Wisconsin, and New Jersey have taken the lead and began instituting their own welfare reforms through waivers granted by the federal government. Our governors are confident they can deliver the necessary services

An Orechio Publication

more efficiently with reduced funding, but only if they have the flexibility to make many much-needed programmatic changes.

The bipartisan welfare agreement reached by the National Governors' Association uses the welfare bill passed by Congress, the Personal Responsibility Act, as the base proposal and made only a few changes. The Personal Responsibility Act offers states the flexibility they have been asking for.

The best welfare solutions come from those closest to the welfare crisis — state and local communities. We must empower governors and local officials by giving them the authority and flexibility to develop programs targeted at their individual problems. Obviously, what works in Patterson, Iowa may not work in Paterson, New Jersey.

Some highlights of the governors' plan are as follows: It increases funding for child care; increases the "rainy day" fund available to states in times of economic downturn; eliminates any requirement that states match federal contributions to the fund before they could tap into it; and softens work requirements for parents of children age 6 and under.

In 1992, presidential candidate Bill Clinton promised to

Thursday, February 29, 1996

"end welfare as we know it." However, when he had a Democratic-controlled Congress in 1993 and 1994, he did not even offer a welfare reform proposal.

In December, the Republican-controlled Congress delivered on the promise to reform welfare and sent the president a bipartisan bill that would change the focus on welfare from being a poverty trap to being a reliable source of temporary assistance for those in need.

President Clinton turned his back on his own promises and vetoed this measure.

While I was disappointed that the President failed to fulfill his campaign promise by vetoing the honest welfare reform bill passed by Congress, I am proud of the National Governors' Association for building on the GOP proposal and hope that the President will consider their version of welfare reform proposal.

I care very little about who gets credit for drafting the final welfare reform proposal. What I care about is that we see some action and get these important reforms enacted once and for all.

If the governors' bipartisan agreement on welfare reform is

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any indication of how the states will handle block grants, I have no doubt that states can administer domestic programs more efficiently than an out-of-touch federal bureaucracy.

President Clinton has praised the governors' agreement as "encouraging," however, he came short of endorsing the plan. I believe the governors' plan holds a lot of promise and I am hopeful the President will negotiate in good faith and finally make good on his 4-year-old campaign promise to "end welfare as we know it."

Geography winner advances to scholarship

Juan D'Ocampo, an eighth-grade student at Belleville Middle School, won the school level competition of the National Geography Bee and a chance at a \$25,000 scholarship.

First runner-up was Lisa Glassman.

The school-level bee, at which students answered oral questions on geography, was the first round in the eighth annual National Geography Bee, which is sponsored by National Geographic World and Chrysler Corporation.

The kick-off for this year's bee was the week of Dec. 4, with thousands of schools around the United

States, the District of Columbia, and five U.S. territories participating. The school winners, including Juan, will now take a written test; up to 100 of the top scorers in each state and territory will be eligible to compete in their state bee March 29.

The National Geographic Society will provide an all-expenses-paid trip to Washington, D.C., for state champions and their teacher-escorts to participate in the National Geography Bee national championship on May 28 and 29. The first-place national winner will receive a \$25,000 college scholarship; the second-place winner, a

\$15,000 scholarship; and the third-place winner, a \$10,000 scholarship.

Alex Trebek, host of "Jeopardy!," will moderate the national finals, which will air on Wednesday, May 29.

Participating in the middle school geography bee were: Andrew Kopecky, Elena Tartaglia, Christina Kirwin, Christopher Henry, Joe Junio, Paul Lembo, Catherine Bantique, Charles Moran, Lindsay Bray, Faith Reyes, Kristin Wilson, Meghan Branca, Gary McDonald, Michael Palo, Nicky Toto, Juan D'Ocampo, Chris Sabatelli, Luis Carhuayo.



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It also means more convenient care. Our partnership with Chilton Memorial and Newton Memorial Hospitals extends our care into even more communities.

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Everybody is concerned with the cost of health care today. So are we.

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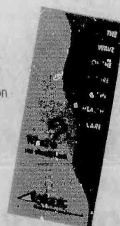
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To learn more, call the Atlantic Health Line at 1-800-AHS-9580 (1-800-247-9580) and ask for our free brochure, *The Wave of the Future in Health Care: What You Should Know*.



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Events in the area

Fairs, flea markets, rummage...

\$3 bag sale, during February, 10 a.m. to 3 p.m. Wednesdays and Fridays, 10 a.m. to noon Saturdays, Bloomfield Presbyterian Church on the Green, Broad St. opposite Bloomfield High School.

Flea market, 9 a.m. to 4 p.m. March 2, 3, St. Clare's Parish Center, Allwood Road, Clifton. Free admission. Sponsored by Rosary Society.

11th annual craft fair, 10 a.m. to 4 p.m. March 9, Brookdale School, 1230 Broad St., Bloomfield. Sponsored by Home and School Assoc. Free admission.

Flea market, craft show, 9 a.m. to 5 p.m. March 10, Belleville High School, 100 Passaic Ave. (off Joralemon St.) Over 100 vendors. Fundraiser for BHS Music Parents Assoc.

Fundraisers...

Murder at the Mansion, March 15, April 12, May 10, June 21, Oakeside Bloomfield Cultural Center, 240 Belleville Ave. Buffet, dancing, "murderous intrigue." \$45 prepaid. Cash bar. For reservations, call 429-0960.

Hambone Kelly's Banjo Band, 8 p.m. to midnight March 2, Sacred Heart School auditorium, 683 Bloomfield Ave., Bloomfield. Old time sing along, 40's big band swing, 50's and 60's golden oldies rock 'n roll, Dixieland jazz. Refreshments. Proceeds to benefit the Kid's Corner Afterschool Child Care Program at Park United Methodist Church. \$12.50 for adults in advance, \$15 at the door.

2nd annual pasta dinner, sponsored by Nutley Music Boosters, March 2 at Nutley High School. Seatings at 5 and 7 p.m. Salad, pasta, meatballs and more. \$8 adults, \$6 kids under 12. For reservations and info, call Sue Del Polito at 235-9052. Entertainment by music students. Proceeds to offset band's trip to Disney World.

Showboat Casino, Atlantic City, March 3. Leave Parks and Rec, 44 Park Ave., at 9:30 a.m. \$25 with \$20 back. Sponsored by Dystonia Medical Research. Call Maureen LaMagra at 661-0638 or 284-4955.

Belleville Middle School fundraiser, 7 p.m. March 8, Kings Court, Lyndhurst. Sponsored by Home and School Assoc. Dinner, door prizes. All proceeds benefit building fund. \$13. For tickets, call 450-3532 or 751-9465.

Pasta dinner, 1 to 6 p.m. March 10, Amvet Post 30, 184 Park Ave., Nutley. Salad, pasta, dessert, beverages. \$6 adult, \$3 children. Proceeds to scholarship fund. Sponsored by auxiliary. For info., call Mary at 751-4417 or Ann at 667-7829.

19th annual Chinese auction, March 15; St. Thomas the Apostle School, 60 Byrd Ave., Bloomfield. Gifts, refreshments. \$7.50. Reservations required. Call 338-8612 or 893-0066.

Chuck Wagon dinner, 6:30 p.m. March 16, St. Paul's Congregational Church, Franklin Ave. (between High and Kingsland), Nutley. \$10 adults, \$5 kids under 10. Menu: Texas roast, red potatoes, baked beans, applesauce, coleslaw, cornbread, beverage, homemade desserts. Ticket deadline: March 10. Call the church office at 667-4812. No tickets at the door.

Spring boutique, 6:30 p.m. March 22, Branch Brook Manor, 13 Washington Ave., Belleville. Sponsored by Women's Club of Belleville. \$12 includes dinner and shopping. For tickets, call Marlene at 751-3748 or Barbara at 759-0219.

"Just Desserts," sponsored by Nutley Branch AAUW, 3 to 5 p.m. March

24, Valley National Bank, Franklin Ave., Nutley. \$5. Sample favorite desserts prepared by members. Proceeds to education fund.

Annual Scholarship Fashion Show, 7:30 p.m. March 29, Nutley Elks, 242 Chestnut St. Fashions by Dress Barn of Clifton. \$8. Refreshments. For reservations, call 667-4183, 235-0871 or 661-2920. Sponsored by Elks Ladies Auxiliary.

A Night With Bobby Byrne, 8:30 p.m. to 12:30 a.m. March 30, Truffle Caterers Inc., 100 Newark Ave., Belleville. Sponsored by Silver Lake Civic Assoc. \$20. Finger sandwiches, salads, beer, soda, coffee and dessert. For tickets, call Angela Cuzzo-Zarra at 759-2703. All tickets must be paid by March 11.

Weekly luncheon, 11:30 a.m. to 1 p.m. Fridays, Glen Ridge Congregational Church, 195 Ridgewood Ave. \$6. Open to the public. For reservations, call 743-5596.

Entertainment '96 discount books, \$40. Available through Good Shepherd Academy, 667-2049 or 667-5081; American Cancer Society, 736-7770; Belleville Boy Scout Troop #301, 759-3. 30 after 5 p.m.

"42 Dining Out books, now on sale to benefit Van Riper Trust. Discounts for 42 restaurants in Bloomfield, Montclair, Clifton, Passaic, Meadowlands and more. \$10. To order, call 235-9461.

Other events...

Free health screenings, Montclair Community Hospital, 120 Harrison Ave. Appointments mandatory. Call 744-7300, ext. 4296, 10 a.m. to 2 p.m. Monday through Friday. Volunteers needed for Outreach program. Call Marie Orpollo at 746-4644 after 2:30 p.m. March 16: skin cancer; March 23: eye problems; March 25: foot problems.

Open house, Watchung Co-operative Pre-School, 10 a.m. to noon, March 2, 71 Mt. Hebron Road, Upper Montclair. 2 1/2 through pre-K. For info, call 783-4535.

Registration for Challenger Division. Bloomfield Southern Little League, for children 5-18 with physical, emotional or mental disability who live in Essex County, Kearny or Harrison. Sat. March 2 and Sat. March 9, 10 a.m. to 2 p.m., Firehouse Station #1, Watessing Ave., across from Foodtown (off Bloomfield Ave.). For more info, call 429-9863 and leave message. Minimal fee.

Bloomfield Civic Band winter concert, 3 p.m. March 3, Bloomfield Middle School, Huck Road. \$3 donation at the door. Sponsored by Bloomfield Federation of Music and the Bloomfield Recreation Dept.

"Not Just Puppets," professional children's theatre group, 10:30 a.m. March 9, Watchung Co-Operative Pre-School. Art forms storytelling, sing-along, creative dramatics and puppet play. \$3 per child over 1 year. Bake sale. 71 Mt. Hebron Road, Upper Montclair. For info, call 783-4535.

Annual joint concert, Bloomfield Civic Chorus and Bloomfield Symphony, 3 p.m. March 10, Sacred Heart Church, Broad and Liberty streets, Bloomfield. Theme: wedding music.

Volunteers needed at Montclair Community Hospital, 120 Harrison Ave. To staff reception desk Mondays noon to 4 p.m. and Wednesdays 9 a.m. to 12:30 p.m. Four hour position in hospital's business office at 14 S. Park St., one or two days a week. For info, call 744-7300, ext. 4279; to work in community care, 11 a.m. to 2 p.m. Duties include cash register, order taking, recording gift purchases. For info, call 744-7300, ext. 4279.

After school program at Glen Ridge Library, Thursdays and Fridays, 3:30 to 4:30 p.m. Full length feature movies shown in two parts. Sign up and tickets in Children's Room.

Dapper Dads of Harmony invite male singers to join regardless of age or experience. Ability to read music not required. For info, call Pete Wall at 845-3353.

Walking and Fitness Club, 8 a.m. Tuesdays and Thursdays, rain or shine, Nutley Chapter, American Red Cross. No cost. Call 667-3818.

Weekly bridge games, 12 noon, Tuesdays and 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St.

Widowed Persons Service, an outreach program in which trained widowed volunteers offer support to newly widowed persons, urgently needed volunteers. No age restriction, free. For info, call Retired and Senior Volunteer Program (RSVP) at 673-0640 or the local AARP representative Mr. Rosenberg at 731-3292.

Volunteer drivers needed by American Cancer Society, March 18-22. To deliver orders of daffodils to different locations around Essex County. Call Vanessa Zipfel at 736-7770.

Poison hotline: 1-800-POISON-1. 24 hours a day, 7 days a week.

Meetings...

Concerned Citizens of Belleville, 7:30 p.m. Feb. 29, Recreation House, Joralemon St. Non-members welcome. Refreshments.

Belleville Irish-American Assoc., 7:30 p.m. March 6, K of C Hall, Bridge St. New members welcome.

Belleville AARP, Chapter 2051, 1 p.m. March 6, Senior Citizen Center, 25 Franklin Ave. Jack Strang Field from Seeing Eye will speak and provide demonstration.

Roche Retiree Club, 1 p.m. March 9, Building 76 auditorium. F. Damont, award-winning photographer, will present travelogue on Greece. Refreshments.

Stuart E. Edgar Auxiliary, VFW Post 493, Nutley, 8 p.m. second Mondays. Post home, 271 Washington Ave. Membership open. Write to the auxiliary at 376 Chestnut St., Nutley, NJ 07110.

Glen Ridge Seniors, meets lower level, Glen Ridge Congregational Church, 195 Ridgewood Ave. March 11: 18th annual luncheon at the club. 512 "Humdingers" will entertain. Reservations to Norma Phillips, 33 Barnett St., Glen Ridge, before March 4; March 14: celebrate St. Patrick's Day at the Tides. Corned beef and cabbage plus Mike Byrne and his Green Derby Band, Irish bagpipers, songs by Marilyn Will, Call Marge Burdick at 746-5382.

Tri-County Camera Club, 8 p.m. Tuesdays, Nutley Historical Museum, 65 Church St. For info, call 667-0325 or 751-6795.

Catholic Daughters of the Americas, Court Gratia, 8 p.m. first Mondays, St. Mary's School Hall, Msgr. Owens Place, Nutley. Social third Monday.

Woman's Club of Belleville, 7:30 p.m. second Mondays, clubhouse, 510 Rossmore Place.

St. Peter's Rosary Society, 7:30 p.m. first Monday after first Sunday, St. Peter's School cafeteria. All women of the parish invited.

Essex County Federation of Sportsmen's Club, 8:30 p.m. first Tuesdays, Bloomfield Civic Center, 84 Broad St.

Belleville Kiwanis Club, 6:30 p.m. Thursdays, Gondola Restaurant, Franklin Ave., Nutley. Call Nino Bucciarelli at 751-2110 or Vince Sorrentino at 759-6475 for info.

Bloomfield High School Alumni Association, 7:30 p.m. third Wednesdays, Bloomfield Civic Center, 84 Broad St.

Bloomfield Kiwanis Club, noon Thursdays, Bloomfield College Student Center, Liberty St. For information, call Dr. Carl J. Schopfer, M.D., at 743-7777.

Nutley Amvet Auxiliary Post #30, 6:30 p.m. first Tuesdays except July and August, Amvet post, 184 Park Ave.

Montclair Camera Guild, 8 p.m. second and fourth Thursdays, United Methodist Church, 24 North Fullerton Ave., Montclair. For info, call Joan at 743-7020 or Karen at 783-3619.

Monday Night Writers, 8 to 9:30 p.m. second Mondays, Starbucks, 572 Valley Road, Upper Montclair. All writers of poetry, fiction, articles welcome. Share your work with other local artists.


Support groups...

Narcotics Anonymous meeting list: BELLEVILLE: Monday, 8 p.m., Fewsith Presbyterian Church, Union Ave. and Little St. Open/book/discussion meeting; Tuesday, 8 p.m., Clara Maass Medical Center, 1 Franklin Ave., Branch Brook Room, Education Center. Men's meeting. Open/discussion; Thursday, 8 p.m., Fewsith Presbyterian Church, Union Ave. and Little St. Open/topic/discussion meeting; Friday, 8 p.m., St. Peter's Church, rear basement, Williams St. Open/discussion. NUTLEY: Sunday, 7:30 p.m., Franklin Reformed Church, Hillside Crescent. Open/meditation/discussion; Monday, 7:30 p.m., St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place. Closed/speaker/discussion meeting. Open to addicts and those who think they have a problem with drugs; Tuesday, 7:30 p.m., Grace Episcopal Church, 200 Highfield Lane. Women's meeting. Topic meeting/open discussion; Wednesday, 8 p.m., Grace Episcopal Church. Closed/speaker/discussion. Open to addicts and those who think they have a problem with drugs; Friday, 7:45 p.m., Franklin Reformed Church, Hillside Crescent. Women's meeting. Open/discussion.

Gamblers Anonymous, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley, 2nd floor. Meetings open to anyone with a gambling problem or those who think they might have a problem. Topic/therapy; 8:30 p.m. Tuesdays, 8:30 p.m. Thursdays, Bethany United Presbyterian Church, 293 West Passaic Ave., Bloomfield. For info on any group, call 1-800-GA-LIVES.


Gamanon, to offer hope and understanding to loved ones of compulsive gamblers, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley.

Alcoholics Anonymous, 8 p.m. Mondays, St. Mary's Church basement, Msgr. Owens Place, Nutley; 8:30 p.m. Tuesdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge (Gay); 9 p.m. Tuesdays, Vincent United Methodist Church, 100 Vincent Place, Nutley (behind public library); Glen Ridge Congregational Church, 195 Ridgewood Ave., Glen Ridge; 7:30 p.m. Wednesdays, 2nd floor, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley; 9 p.m. Fridays, Grace Episcopal Church, 200 Highfield Lane, Nutley; 9 p.m. Saturdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge.



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Events

Support groups...

Friends for Life, for oncology patients, family and friends, 6:30 p.m. first and third Wednesdays, Branch Brook room, Clara Maass Medical Center, Belleville. For info, call Ann Shafite or Donna Rainone at 450-2210.

New Jersey Chapter of NAAFA (National Association to Advance Fat Acceptance), social events, human rights information, monthly newsletter. For more information, call 927-3103.

Overeaters Anonymous, self-help group for compulsive overeaters or people with eating disorders, **Tuesdays**, Presbyterian Church on the Green Parish House, Broad St., Bloomfield (7:30 to 9 p.m.); **Wednesdays**, Christ Church, Park and Bloomfield avenues (opposite Grand Union), Bloomfield/Glen Ridge (8 p.m.). For more information, call 746-4658; **Fridays**, Grace Episcopal Church, 200 Highfield Lane, Nutley (7:30 p.m.).

Bereavement Support Group, 7:30 p.m. 2nd Monday, Parish Center, St. Mary's Church, 145 St. Mary's Place, Nutley. For more info, call 235-1100.

Living With Cancer, for cancer patients and their families, 7 to 8:30 p.m. second and fourth Wednesdays, waiting area of Radiation Oncology Dept., Mountainside Hospital, Glen Ridge/Montclair. 429-6905 or 429-6128.

Parkinson Support Group, 10 a.m. third Saturdays, private dining room, Mountainside Hospital, Glen Ridge/Montclair. Exercise and speech therapy groups meet weekly as well as monthly meetings for caregivers. Call 256-1011 for information.

Arthritis Foundation Support Group, 7 p.m. Tuesdays, Montclair Community Hospital, 120 Harrison St. For info, call 744-7300, ext. 4312.

Adult Bereavement Group, The Hospice, Inc., 3 High St., Glen Ridge. On-going group for caregivers meets twice a month. No charge. For info or to register, call 429-0300.

Depression/Manic Depression 12 Step Program support group, Thursdays, 7:30 p.m., St. Luke's Episcopal Church, 73 South Fullerton Ave., Montclair (near Montclair Public Library). Enter in the back of the church and to the right. Meeting is in second floor conference room. For more information, contact Gigi at 751-7873.

PFLAG, Northern New Jersey Parents, Families and Friends of Lesbians and Gays, 2:30 p.m. second Sundays, First Trinity and Presbyterian Church, corner of Irvington and South Orange avenues, South Orange. Newcomers: 1:30 p.m. Write: P.O. Box 244, Belleville 07109-0244 or call 267-8474.

Anorexia nervosa, bulimia, compulsive eating problems. For free information or referrals, call the New Jersey Eating Disorders Helpline, 1-800-624-2268.

SHARE, a support group for learning to accept and resolve pregnancy or infant loss, 7:30 to 9 p.m. first Wednesdays, private dining room, Mountainside Hospital, Glen Ridge/Montclair. No fee. If you plan to attend or for additional info, call Linda LeCompte, R.N., 429-6936.

Asthma education program for children, ages 6 through 14, two-part program on second and fourth Wednesdays, 4 to 5:30 p.m., Mountainside Hospital, Glen Ridge/Montclair. \$40 fee includes educational sessions, metered dose inhaler chamber, peak flow meter, diary forms, educational materials. To register or for more info, call Respiratory Care Dept. at 429-6180.

Essex County Epilepsy Support Group, 7:30 to 9:30 p.m. first Mondays, Christ Episcopal Church, 74 Park Ave., Glen Ridge. For more info, call Barbara at 589-8234, Rich at (908) 769-6897, Isabel at 429-8168 or Una at 744-8944.

American Cancer Society support group dealing with stress reduction and guided imagery and relaxation through music, 1:30 p.m. Fridays, 428 Franklin Ave., Nutley. Open to the community. For info, call 667-1613 or Manny Pena-Perich at 736-7770.

Northern N.J. Amyotrophic Lateral Sclerosis (ALS), 6 to 8 p.m. first Thursdays, Kessler Institute for Rehabilitation, Pleasant Valley Way, West Orange. For ALS (Lou Gehrig's Disease) patients, families, friends. For info, call 731-3900, ext. 2372.

Parents Anonymous, hope when being a parent gets tough. Attendance free, confidentiality respected. For info, referral or just to talk, help available 24 hours a day. Call 1-800-843-5437.

MOMS Club of Belleville/North Arlington (Moms Offering Moms Support) includes monthly meeting, park play days, mom's night out. For info, call 991-8582.

Lupus Foundation, Essex County branch, 7:30 p.m. second Tuesdays, Bloomfield Civic Center, 84 Broad St. For info, call 791-7868.

Alzheimer's Support Group, 7 p.m. first Thursdays, Adult Medical Day Care, Continuing Care Center building, Clara Maass Medical Center, Belleville. Concurrent activities program for those with Alzheimer's to alleviate caregiving responsibilities. For info and registration, call 450-2941 or 450-2213; OR 2 p.m. fourth Thursdays, Meadowlands Hospital Medical Center, Secaucus. For info and registration, call 392-3206 10 a.m. to 4 p.m. Mondays through Fridays.

Rainbows For All Children, a peer support program for children and teens grieving from divorce, death, separation or abandonment and living in single-parent or stepfamily homes. For info, call 783-5469.

New Beginnings, a support group for breast cancer patients, 7 to 8:30 p.m. second Tuesdays after that, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville. To register, call Denise Johnstone at 751-5757. Co-sponsored by American Cancer Society.

Life After Loss, a support group for those in mourning, 7 to 8:30 p.m. Wednesdays, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville. Sponsored in conjunction with American Cancer Society, Essex Unit. To register, call Denise Johnstone at 751-5757.

Parents who have lost a child, 7:30 to 9 p.m. Mondays, The Hospice, Inc., 3 High St., Glen Ridge. To register, call 429-0300. Also forming parent/children's and adult bereavement groups. No charge.



Mr. and Mrs. Peter Russo — nee Michele Morrison

Michele Morrison wed to Peter Russo

Michele Morrison, daughter of Mr. and Mrs. Aaron Morrison of Nutley, became the bride November 26 of Peter Russo, son of Mr. and Mrs. Rocco Russo, Sr. of Belleville.

The Rev. Grenada performed the ceremony in St. Lucy's Church, Newark. A reception followed at the Excelsior, Saddle Brook.

Escorted by her father, the bride wore a white silk gown appliqued with pearls and sequins. A floral headpiece with pearls held her veil and she carried white roses.

Lisa Morrison of Nutley was maid of honor. Bridesmaids included Deborah Rizzolo of Nutley, Francine Mattio of Nutley, Cristin Fuscaldo of Nutley, Angela Lopreite of Belleville, Adriana Accurso of Belleville and Carolyn Russo of Belleville.

They were in burgundy crepe three-piece suits with rhinestone closures.

Rocco Russo, Jr. of Belleville served as best man. Ushering were Jason Van Tasse of Brooklyn, N.Y., Patrick Pisano of Staten Island, N.Y., Brian Vallee of Aberdeen, Dr. Leonard Russo of Belleville, John Schuster of Belleville and Alex Coviello of Belleville.

Mrs. Morrison chose a burgundy chiffon pleated gown while the groom's mother was in champagne chiffon with a beaded bodice. Corsages were of white roses.

Mrs. Russo is a graduate of Nutley High School and Mr. Russo is an alumnus of Belleville High School. He is with Vallee Construction in South Jersey.

Peach Melba Chipper Cake

Crust:

24 chewy chocolate chip cookies

3 tbsps. butter, melted

Filling:

1 quart peach ice cream, softened

1/2 cup peach preserves

2 tbsps. water

1 quart raspberry ripple ice cream, softened

Fresh raspberries

Fresh mint

For crust, crush 12 cookies in blender or food processor. In a separate bowl, combine crumbs with butter; mix well. Press onto bottom of 9-inch springform pan. Stand remaining cookies up around outer edge of pan to form sides. Freeze one hour.

For filling, spread peach ice cream evenly over crumb crust. Combine preserves and water. Drizzle half of preserve mixture over ice cream. Freeze 1 hour. Cover remaining preserve mixture; let stand at room temperature. Spread raspberry ripple ice cream over peach ice cream. Drizzle remaining preserve mixture over ripple ice cream. Freeze several hours or overnight.

To serve, let cake stand at room temperature 15 minutes. Place on serving plate. Carefully remove sides of pan. Garnish with raspberries and mint. Serve immediately.

Panic and anxiety, 7:30 to 8:30 p.m. Tuesdays, Belleville location. Call Lisa at Panic Relief, Inc., (235-1345 for info.

Sexual Recovery Anonymous, 7:30 to 8:30 p.m. Tuesdays, St. Peter's Church, 155 William St., Belleville. A 12-step program for men and women who suffer from compulsive, obsessive sexual behavior. You are not alone. For info, call 485-8294.

A.C.O.A. (Adult Children of Alcoholics), Thursdays, 6:15 to 7:15 p.m. beginning March 7 for 10 weeks, Mountainside Hospital, Glen Ridge/Montclair. Topics: trust, self-esteem, setting limits, saying no, identifying feelings. Free. For info, call Beth Maguire at 429-6121.

Class reunions...

Ferris High School, Jersey City, Class of 1946. Andrew Canelesi, 19 Wesley St., Monmouth Beach, NJ 07750;

News for this column should be mailed to Orechio Publications, 800 Bloomfield Ave., Nutley, NJ 07110. Att: Events in the Area. Sorry, no items can be taken over the phone. Coverage limited primarily to Belleville, Bloomfield, Glen Ridge and Nutley. Other towns included only if space permits. No charge. Deadline: 3 p.m. Friday before publication. Questions? Call Helen Maguire at 667-2100.

ADVERTISE!

Chorus of Communities names soloists for March 24 'Elijah'

The Chorus of Communities, an Essex County ecumenical charity choral society with members from Belleville, Bloomfield, Glen Ridge and Nutley, recently announced the appointment of soloists for its performance of Mendelssohn's "Elijah," 3 p.m. Sunday, March 24 at St. Valentine's Church, Bloomfield.

The soloists will be accompanied by members of the New Jersey Philharmonic and New Jersey Youth Symphony. The 50-member chorus will be under the direction of William Moore who has been with the Chorus since its inception and will celebrate 50 years of conducting experience this June.

Bass Mark Moliterno will sing the title role of Elijah. He has appeared as Leoporello in the Rutgers University Opera production of "Don Giovanni," with the New York Opera National company, the San Francisco Opera, Western Opera Theatre and others. Last fall, he was heard at Carnegie Hall as soloist with the Masterwork chorus.

Soprano Kristine Hurst of West Orange has sung in Westminster Choir College productions, with the UNC-G Opera Workshops and in Avery Fisher Hall. Her repertoire includes "Cosi Fan Tutte," "The Impresario," "The Tenderland," "Hansel and Gretel," "La Rondine," "The Daughter of the Regiment" and others.

Tenor Don Sapara of Elizabeth has had a wide range of operatic and musical theatre roles in New York productions, has appeared with actress Kathryn Grayson at Alice Tully Hall, in a production of "Cabaret" at the Russian Tea Room and on concert tours to Monterey, Civic Center, Houston Opera and others. He is currently with the Blue Hill Troupe of New York City.

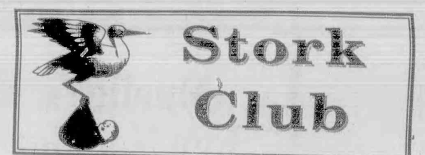


Mark Moliterno, Baritone

Contralto Brenda Mitchell has toured the United States and Europe in "Porgy and Bess," appeared in several summer stock productions, sung in a number of off-Broadway productions as a principal and been a musical guest on various major television stations.

Boy soprano Yoni Riemer will be introduced as the youth in the musical offering, "Thou Hast Overthrown These Enemies," from "Elijah. The ten-year-old from Randolph was born in Israel and has a "truly wonderful high, clear, untrained soprano voice. It is worth coming to 'Elijah' just to hear him."

Tickets are \$10 adults, \$8 seniors and students if purchased in advance; \$12 at the door. Locally, tickets may be purchased from Bill Moore at Bethany Lutheran Church, Belleville, 759-1555; Elsie Lanza at St. Paul's Congregational Church, Nutley, Secretary Joan at St. Valentine's Church, Bloomfield, Clara Maass Medical Center gift shop and Pastoral Care Division. For more information, call 895-4563.



Cassandra Joelle Guarino

A fourth child, a daughter, Cassandra Joelle, was born to Mr. and Mrs. Michael Guarino of Nutley January 19 at Columbus Hospital, Newark. Birth weight was 7 pounds, 2 ounces. She joins Michael, 11, Justin, 8, and Matthew, 3.

Mrs. Guarino is the former Diane Masterson, daughter of Neil Masterson of Brick Township and Theresa Lawrence of Venice, Florida. Mr. Guarino is the son of Eleanor Strollo of Belleville and the late Joseph Guarino.

Brianne Quianna-Marie Serrano

A first child, a daughter, Brianne Quianna-Marie, was born to Natasha Yasmine Serrano of Newark February 8 at Clara Maass Medical Center, Belleville. Birth weight was 6 pounds, 2 ounces.

Ms. Serrano is the daughter of Norberto Serrano of Newark.

Jenna Lombardi

A first child, a daughter, Jenna, was born to Mr. and Mrs. Derek Lombardi of Belleville February 11 at Clara Maass Medical Center, Belleville. Birth weight was 6 pounds, 9 ounces.

Mrs. Lombardi is the former Jeanne DiPasquale, daughter of Jean and Louis DiPasquale of Belleville. She is a sales supervisor with Brush Wellman. Mr. Lombardi, son of Diana and Pat Lombardi of Belleville, is a systems administrator with Ronald Mark Assoc., Hillside.

Gina Christine Condito

A second child, a daughter, Gina Christine, was born to Mr. and Mrs. Joseph Condito of Bloomfield December 31 at Mountainside Hospital, Glen Ridge/Montclair. Birth weight was 7 pounds, 2 ounces. She joins Joseph III, 4 1/2.

Mrs. Condito is the former Louise Cerrato, daughter of Mr. and Mrs. Neil Cerrato of Bloomfield. Mr. Condito, son of Mr. and Mrs. Joseph Condito, Sr. of Bloomfield, is with the Township of Bloomfield.

Michael Bradley Rosamilia

A son, Michael Bradley, was born to Thomas and Karen Rosamilia December 4 in Pawling, N.Y.

The baby is the grandson of the late Michael T. Rosamilia, longtime educator in the Belleville public schools.

Daniel Richard Schmitt

A first child, a son, Daniel Richard, was born to Fred and Maria Schmitt, formerly of Bloomfield, February 20 at Wesley Medical Center, Wichita, Kansas. Birth weight was 8 pounds, 11 ounces.

Mrs. Schmitt is the daughter of Te Sharrow of Goldborough N.C. Mr. Schmitt, son of Fred and Ginger Schmitt of Bloomfield, is in the United States Air Force, stationed in Wichita. Daniel is the nephew of Stacy and Marie Schmitt.

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Belleville SPORTS

BUC SHOTS

By Mike Lambert



Remembering a classic wrestling match at B.H.S.

It was the era of Gerald Ford, the beginning of the "disco" era, the bi-centennial of this great country, the rage of the "platform" shoe.

It was 1976, a nice year for me because I was a senior at Belleville High School. I remember it well, because it was such a good time. I am reminded of it even more now because it's been 20 years and I'm on the reunion committee for our graduating class.

Anyway, 20 years ago, like now, the Belleville High School wrestling program was dominant. Then head coach **Jim Silvestri** had led the '74-75 team to a 13-2 regular season record. One of the losses incurred by that team was a season ending defeat at Pascack Hills.

It wasn't so bad, considering Pascack Hills had not lost a match in 3 1/2 years.

In 1975-76, Silvestri was pretty confident he had a good team at B.H.S. The Bellboys won 12 of their first 13 matches, the lone defeat coming at the hands of Essex Catholic.

In the regular season finale, once again, the competition was Pascack Hills, but this time, it would be contested at Belleville High School on a Saturday afternoon in February, 1976. And once again, Pascack Hills was undefeated. They hadn't lost a match in 4 1/2 years now and their general attitude was that Belleville was no problem.

The gym was packed that afternoon. There was a certain electricity and if you were a Belleville fan, you had the idea that the Bellboys were going to do something very special.

Carl Arlt started things off for Belleville with a majority decision, giving the Bellboys a 4-0 lead. Pascack Hills cut the lead to 4-3 at the 108 pound level. It was Silvestri's strategy at 115 that might have won the match for the Bellboys. Pascack Hills' best wrestler, **Tom Husted** was supposed to face off against Belleville's top man, **Vin Mustacchio**.

Silvestri moved Mustacchio to the 122 pound class, basically forfeiting the 115 pound class to Husted. While Pascack Hills got six points without Husted even stepping on the mat, Husted's inactivity took some air out of the Pascack Hills balloon.

Husted was the leader of that team, and his performance would give his team a big lift. With his not having to wrestle, the Bellboys gained a psychological lift.

Belleville trailed 9-4 and Mustacchio needed to get his team back on track. He did so with a majority decision at 122 pounds, cutting the lead to 9-8.

Pascack Hills won the next three weight classes (129, 135 and 141 pounds) and held a convincing lead, 23-8 heading into the 148 pound match.

There, Belleville's **Robert Villano**, a favorite in the weight category, was held to a 2-2 tie. The score was now 25-10 and the Bellboys had to win the remainder of the bouts if they had any chance.

At 158 pounds, **Chris Tremmel** began the comeback with a pin in the second round. It was now 25-16.

Keith Waddell, the "wildman" at B.H.S. won a majority decision at 170 pounds and the lead was narrowed to 25-20. Still, Pascack Hills needed just one more win to clinch the match and the 188 pound class seemed the best chance for them to prevail.

Belleville's **Ken Milano**, who was having a so-so season in his senior year, came through with a marvelous effort at 188 pounds. He won impressively, and the lead was cut to 25-23 heading into the heavyweight match.

By now, the stands were rocking. **George D'Allesandro**, no stranger to dramatic moments, was the man Belleville would rely on to win the match.

In '74-75, D'Allesandro, then a sophomore, needed to pin in the heavyweight division if Belleville was going to beat powerful Essex Catholic. D'Allesandro did just that, and his six point pin gave the Bellboys a come-from-behind 25-24 win.

Big George needed only a victory this time, but George never did things quietly. He pinned his man in the second round and the Bellboys had pulled through with a 29-25 victory.

The place went ballistic. Silvestri was mobbed by his teammates and fans. I remember George nearly fainted after winning the match.

It's a match that Silvestri still talks about today. It would be his final match as wrestling coach at B.H.S. He would take over the following fall as the Athletic Director with **Gene D'Allesandro** taking over the reigns and continuing Belleville's dominance in the sport.

It was a classic match, one that will never be forgotten.

Conte claims District 14 title

Martin, Paladino, Spina & Zarro brothers advance to regions

By Dennis Wilson, Jr.

Spearheaded by Anthony Conte's District 14 championship, the Belleville varsity wrestling team is sending six grapplers to the Region IV tournament at Passaic Valley High School in Little Falls.

Frank Zarro and his older brother Chris, each garnered silver medals, while Lawrence Martin, Mike Paladino and Joe Spina each recorded third place finishes.

Conte claimed his second straight District 14 championship by defeating rival Rami Ratel. Conte destroyed Ratel, 8-2 in the finals of the 103 pound weight class. The title earned Conte the tournaments "Outstanding Wrestler" distinction and the number one seed in this weekend's region tournament.

"Anthony did a great job," said head coach Joe Nisoviccia. "He totally dominated Rami. The 8-2 decision doesn't even indicate his performance."

Conte opened up with a 5-0 first period lead, and nearly pinned Ratel when Conte exposed the Bengal wrestler's back to the mat.

"Anthony is primed now," asserted Nisoviccia. "He has a good attitude and a good work ethic. He is focused and he has his sights on a state championship."

Conte set out on the road to the gold with a preliminary round bye after receiving the top seed. In the

semifinals, Conte dethroned Dave Levison of Livingston 32 seconds into the second period.

"At the beginning of the season, I thought Anthony could take a medal in the state tournament," said Nisoviccia. "If he wins the regions, I think he can take the state title, and he would be the youngest Belleville wrestler ever to do so."

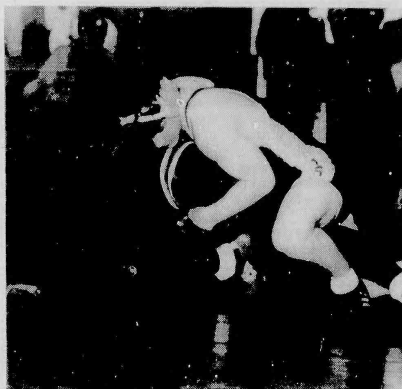
At 130 pounds, freshman Frank Zarro advanced to the Region IV tournament with a silver medal finish. Zarro fell to Nutley's Luke Cardinale, 9-5 in the championship bout.

"Frank did a nice job against Cardinale," said Nisoviccia, who continued, "You have to give Frank a lot of credit. He is only a freshman and he is very tough and aggressive on the mat."

Zarro, who was the district's second seed at 130 pounds, eliminated Ted Dufresne of Essex Catholic with a 16-0 technical fall at 4:15 in the preliminary round. Zarro then clipped Mike Harris of Livingston in the semifinals, 11-9.

"Frank has been improving a lot in all areas," stated Nisoviccia. "I would like to see Frank make it the states as a freshman. He is a hard worker, and I think he has a good shot."

Frank's older brother Chris fell in the finals of the 171 pound weight class to Anthony Pasteur of Essex Catholic, and garnered a



SILVER MEDALIST...Frank Zarro will advance to the Region IV tournament after garnering a silver medal at the district tourney (Photo by Jerry Mattia).

silver medal as well.

"Chris is doing a really good job," commented Nisoviccia. "He is really turning it on and is peaking in February."

Zarro earned the second seed in the district and faced Joe Leone in the semifinals. Zarro crushed, in a 16-1 technical fall in order to advance to the finals.

"Chris has some great credentials and he is a great spot," added Nisoviccia. "He has a lot of talent and has been pouring it on in February. He's gaining confidence and he should continue to do quite well."

In the 112 pound weight division, Martin will advance to the region tourney after placing third.

After falling to Dante Cifelli in double overtime, Martin rebounded in the consolation round with a second period over Chris SanGiovanni at 3:26.

"Martin has a nice shot, but it is going to be a long road," said Nisoviccia. "I want to see Martin in the states, but he is going to have to do it the hard way."

Martin recorded a preliminary round victory over Pedro Santo with a 15-0 technical fall at 6:00.

At 140 pounds, Paladino recorded at 17-2 technical over Leon Grove of Essex Catholic in the consolation match in order to garner a bronze medal and advance to the

region tournament.

"Dave still has a great shot at winning this" stated Nisoviccia. "He has a tough road ahead of him also, but he can still win this."

Paladino was upset by Joe Immersi of Bloomfield in the semifinals, 8-4.

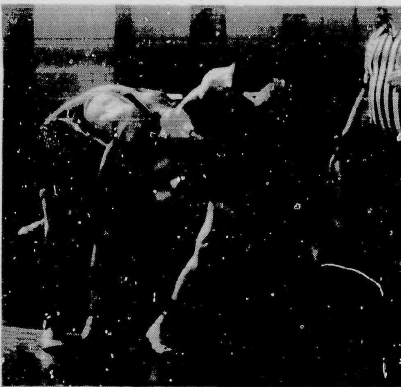
Each year a Buc wrestler surprises Nisoviccia and comes through with a strong district tournament, and this year, Joe Spina was the surprise Belleville grappler.

Spina opened with a 13-11 overtime victory against Gabrielle Perez of Eastside in the first round of the 215 pound weight class. Spina then fell to the tourney's top seeded Brendon Devlin of Livingston, but in the consolation bout, Spina nipped Bloomfield's Andy Kissel, 8-7 for the bronze medal and the right to advance to the Region IV tournament.

"I am happy for him. This is what he needed," said Nisoviccia. "It is a big confidence builder and I hope it carries over next year."

In addition to Belleville's place winners, Nisoviccia felt Mohamed Shama, Dan Almada and Mark Casally all performed well.

The Region IV tournament begins Wednesday, Feb. 28 and continues over the weekend on Friday and Saturday, March 1 and 2 at Passaic Valley High School.



SINGLE LEG...Dave Paladino works on a single leg takedown in the District 14 tournament (Photo by Jerry Mattia).

Girls rec hoops are at midway point

By Marianne Lopreato

The recreation girls' basketball program is at its midway point and although the snow has wiped out many scheduled games, it has failed to dampen the enthusiasm of these young players.

The "C" League, which is comprised of third and fourth graders, is led by the Clippers with a 4-0 record. Devin Servidio is the team's leading scorer with a deadly outside shot. Allison Lopreato also contributes offensively and is the team's leading rebounder. Jackie Varacallo plays defense with such tenacity that she gives opposing players fits. The team is rounded out with the offensive contributions of Amanda Russell, Melissa Silletti, and Danielle Fravanti.

Close on the heels of the Clippers are the Spartans. They are led by the league's leading scorer, Kathleen Nyegaard. Nyegaard averages more than 10 points per game and recently scored 20 points in the team's victory over the Spurs.

The Spurs are currently at 2-0 behind the shooting expertise of Stephanie Brodo. The Spurs are coached by high school stand-outs Marie Acuna and Dharma Hernandez. Marielle Murnock is

also starting to contribute to the Spurs, recently scoring five points against the Spartans. The Hoyas and the Cavaliers round out the league. Jennifer Lelinho and Nicole DeFrance are the returners to the Hoyas and offer their team experience. The Cavaliers are a new expansion team and players like Roxanne Auriemma and Danielle Scassera are beginning to make an impact for their team.

The "B" League, which consists of fifth and sixth graders, is led by the currently undefeated Dribblers. The Dribblers are a very well-rounded team with all of their players capable of putting up points. Gianna Lopreato is the league's leading scorer, averaging more than 10 points per game. Her ability to "pick-the-pocket" of opposing point guards leaves many coaches stymied. Megan Talbot and Nicole Droz also make key contributions for the Dribblers. Both girls possess great speed and strong shooting ability.

The Hoosiers are currently in second place, with their only two losses to the first place Dribblers. Cynthia Gonzalez and Jackie Velardi are the one-two punch for this team, both with great rebound-

ing ability and shooting accuracy. The Bucks are in third place and are led by Melanie Troise and Jessica Fuchs. Fuchs is an excellent ball handler while Troise can shoot from inside or out.

The Blue Devils, led by Dians Maldonado, are capable of defeating any team on a given day. The Pirates and the Mavericks round out the league and both teams have shown a great deal of improvement in recent weeks.

The Pirates are helped by Phyllis Frantantoni and Shaheen Medina while the Mavericks are led by Deanna Liss and Gabrielle Almago. Look for both teams to add some wins in upcoming games.

The "A" League, which consists of seventh and eighth graders has made some improvements to their playing regulations this year. The league has looked to really these players for high school and are playing full court defense which was not allowed in the past.

Capitalizing on defense and the ability to press are the first place Bruins. Melissa Carlo and Aida Herrera are making things happen both offensively and defensively. The Bruins force a lot of turnovers.

The Bullets are looking to avenge an early season loss to the Bruins. They are currently tied for second place with the Superonics. The Bullets are led by Jackie Fuchs, Jen Constantin, and Shauna McGowan, while the Superonics look to their guards, Catherine Santos and Jillian Pizzi for offense. Alicia SanAngelo has also made some key contributions for the Sonics.

The bottom half of the league is rounded out by the Trailblazers, the Timberwolves and the Gators. All three teams, however, have some key players who can start forcing some upsets. The Trailblazers were hurt by the ankle break of their star player, Michelle Jablonski. Michelle is due to return and will team up with Alicia Zagami and Adria Caputo to rally back. The Timberwolves are led by their veteran players Tina Calia and Tiffany Boitvar. The Gators have many new players this year and Nicole Androka and Janelle Romano are starting to gel.

The girls are looking forward to the second half of the season where many of them hope to continue their winning ways and others hope to cause upsets.

Rec baseball and softball applications are available

The Belleville Recreation Department is proud to announce that applications for all recreation and softball programs are available in all public and parochial school offices and at the Recreation Department office, as of February 5, 1996.

Boys ages 7-8 can play Peanut League Baseball; 9-12 year old boys can play Major/Minor League Baseball; and 13-16 year old boys are eligible for Intermediate/Senior League Baseball. Children ages 9-16 who wish to play Baseball must try out.

Boys and girls in grades K-1 (age 5-6) can sign up for Tee-Ball.

Girls ages 7-14 can apply for all levels of Recreation softball, including the Suburban team. Specific league structure/age breakdown for girls' softball will be determined after the registration deadline.

In order to qualify for any league, the child must reach the minimum age before August 1, 1996 and he/she cannot exceed the maximum age by July 31, 1996. Tee-ball is for grades K-1 only.

Boys ages 9 or older and girls ages 10 or older who are applying for baseball/softball must try out in order to be selected for a team. Everyone who registers by the March 1 deadline will be placed on

a team. All leagues are for Belleville residents only.

High school freshman or junior varsity team players, or Suburban League team players (7th and 8th grade) are not eligible for the Recreation Leagues.

All applications must be returned to the Rec House with photo copies of their birth certificates by Friday, March 1, 1996. Players trying out for the previously mentioned teams should complete recreation applications before the March 1 deadline in case they do not get selected for the school/Suburban teams.

In all cases, the applications must be completed in full and signed by a parent, and all returning players must re-apply. Applications accepted after the March 1 deadline will be considered late and will be treated accordingly. Late applications will not be guaranteed an entry into the league.

The Rec House is located on 407 Joramelon Street, and the hours for registration are Monday through Friday, 8:30 a.m. to 12 noon and 1 p.m. to 4 p.m. The office will also be opened on Wednesday nights, 6 p.m. to 8 p.m. for registration.

All children attending required practices will play in every game. These leagues stress sportsmanship, basic skills and fun.

Belleville Recreation Department seeks coaches for Tee-Ball Leagues

The Belleville Department of Recreation and Cultural Affairs is seeking adults to coach in its Tee-Ball League.

Anyone interested should preferably reside in Belleville, and must available Saturdays and Sundays. Qualified applicants must be sports minded, responsible and must work well with people.

Coaches will be working with boys and girls, ages five to six.

For further information or to apply, please contact the Recreation Department at 450-3522.

Coaches may also be needed for higher levels of baseball/softball for children ages seven to 14. Certification is required and will be provided by the Recreation Department in early March. Interested candidates should call 450-3422 in order to apply.

League directors sought by Rec Dept.

The Belleville Department of Recreation and Cultural Affairs is seeking two adults to serve as league directors for Spring Sports.

The part-time positions entail supervision of league games/personnel, assigning umpires, re-scheduling rainouts and record keeping.

Openings exist for Peanut Baseball/Tee-Ball League Director and for a Junior/Senior Baseball League Director.

Anyone interested would preferably reside in Belleville and be available five nights a week and weekends. Qualified applicants must be sports-minded, responsible and must work well with people. These positions would also be good experience for a college student

majoring in recreation/physical education.

For further information or to apply, please contact the Recreation Department at 450-3422.

Belleville soccer seeks boys & girls

Belleville soccer is seeking boys and girls to participate in the program.

Interested children should call one either Carol at 751-7616 or Alan at 751-7876. Please leave name, telephone number and date of birth.

Applications will be accepted until March 2. Only children born prior to Aug. 1, 1990 are eligible to participate.



The Deacons' Bench

By Mike Battaglini
Sports information director
Bloomfield College

A feature of The Nutley Sun, Belleville Times,
Bloomfield Life and Glen Ridge Voice

Winter sports conclude with memorable highlights

The conclusion of the winter sports season at Bloomfield College was filled with some memorable highlights.

Women's basketball player Lynnette Hester-Bey, New York City surpassed the 1,000-point mark for her career in a game against Caldwell. Hester-Bey scored 20 points in the contest to finish the evening with 1,007 points during her four-year career.

The men's basketball team ended an 18 game losing streak with an 85-55 victory over Philadelphia Bible. Bishara Bryant scored 18 points including two three-pointers during an important 12-0 run.

At halftime of that victory, six former Bloomfield College athletes were inducted into the school's athletic Hall of Fame. They were baseball and basketball player Robert Ambruster of Mount Laurel; soccer player Joe DaFonseca of Elizabeth; basket-

ball player DeShaun Gray of Irvington; baseball player Kevin Hagan of Sleepy Hollow, Ill.; Greg Hawryliw of Erial; and Ernest Ruffin of Charlotte, N.C.

RAFFERTY NAMED SOCCER COACH: Tom Rafferty of Bricktown recently was named men's soccer coach. He succeeds Phil Santamassino.

Rafferty, 32, played Division I soccer at Loyola College and competed for the Nottingham Forest Reserves in the English First Division and for the Houston Dynamo Professional Soccer Club Reserves. He is currently playing at the semipro level for G.A.R.

Rafferty was head boys soccer coach at St. Rose High School in Belmar.

The Bloomfield men's soccer program, under coaches Santamassino and Ralph Dougan, has become one of top programs in the NAIA over the past four seasons.

Ump's test to be given by Belleville A.S.A.

The Belleville A.S.A. Umpires Association will be conducting the A.S.A. Softball Umpire's Test on Wednesday, April 3, 1996 at 7 p.m. at the Rec House, which is located on 407 Joramelon Street.

Any adult, male or female, interested in taking the test should call the Belleville Recreation Department at 450-3422 to obtain an application for the test. There is a \$30 non-refundable exam fee that must accompany your application.

Persons who register for the test can attend the A.S.A. Softball Rules Clinics, to be given on Wednesdays, March 13, 20 and 27 at 7 p.m. at the Belleville

Recreation Department. These clinics are designed to prepare all potential umpires for the test on April 3. The clinics will be conducted by Frank Dario, one of Belleville's most experienced umpires.

The registration deadline will be March 15. The course and test are open to all persons, 18 years of age and older. A 70% passing grade will be required. Successful applicants will then be qualified to umpire A.S.A. softball after paying their membership dues, and will be responsible for securing their own work assignments.

Suburban Softball registration set

There will be a registration meeting for all girls who wish to try-out for the Suburban Girls' Softball team, on Monday, March 4 at 3 p.m. in the Middle School Girls' Gym.

All girls who are Belleville residents and who are presently in grades seven and eight are eligible. Try-outs are scheduled to begin on or around March 13. Registration forms must be submitted at the March 4 meeting.

ADVERTISE!

Rec Department pre-school registration is in progress

The Belleville Department of Recreation and Cultural Affairs is accepting registration for the pre-school play program for four year old children. The program consists of games, stories, songs, art, outside play when weather permits, short rest periods and occasional holiday parties especially designed for pre-school children.

A session is from 9 a.m. to 10:45 a.m. or 12:45 p.m. to 2:30 p.m., five days a week with class limited to a maximum of 23 students in each session. The cost of the 32 week session is \$150. The mothers of the children accepted must participate by serving one duty day about every eight or nine days according to a published schedule. School will begin on Monday, Sept. 16, 1996 and will run through May 1997.

Children born between October

1991 and September 1992 who will enter Kindergarten in September 1997 are eligible. Participants must be Belleville residents. Since there are only a limited number of openings, and applications will be accepted on a first-come-first-served basis only.

Children must be able to speak and understand English in order to participate. Children enrolled in the morning program cannot also be in the afternoon program, or vice versa.

A \$25 deposit is required to hold your spot in the program.

For further information and enrollment, contact the Belleville Recreation Department at 450-3422 as soon as possible, Monday through Friday from 8:30 a.m. to 4 p.m. Registration is currently in progress.

SHERIFF'S FILE NO.

96-001290

SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-0007694 CENTERBANK MORTGAGE COMPANY, PLAINTIFF vs. MOSES WILSON, JR., ET AL, DEFENDANTS. Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in Sheriff's Office, Essex County Courts Building in Newark, on Tuesday, March 26, 1996, at one-thirty P.M.

(Prevailing time)

Commonly known as: 00000023 GLADSTONE AVE.

NEWARK, NJ 07106

Lot: 36 Block: 4004

Size: 30.00 x 87.15 feet

Distance to nearest cross street: 280.00 feet

Nearest cross street name: SOUTH ORANGE AVENUE

A full description can be found in the Office of the Register of Essex County.

A deposit of 20% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of EIGHTY TWO THOUSAND THIRTY NINE AND 84/100 DOLLARS (\$82,039.84) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Feb. 26, 1996

ARMANDO B. PONTOURA, SHERIFF

Shapiro & Kreisman, Attorneys

Belleville Times

Feb. 29,

March 7, 14, 21, 1996

Fee: \$77.00

No. B96-92

SHERIFF'S FILE NO.

96-001885

SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-29951 LAKEVIEW SAVINGS BANK, F/K/A LAKEVIEW SAVINGS BANK, SLA, PLAINTIFF vs. RICHARD K. WILLIAMS & MARGARET M. WILLIAMS, H/W, ET AL, DEFENDANTS. Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in Sheriff's Office, Essex County Courts Building in Newark, on Tuesday, April 2, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 000000265 UNION AVE.

BELLEVILLE, NJ 07109

Lot: 54 Block: 273

Size: 50 x 160.10 x 50.71 x 151.66 feet

Distance to nearest cross street: 181.27

Nearest cross street name: HOLMES STREET

A full legal description can be found in the Office of the Register of Essex County.

A deposit of 20% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SIX THOUSAND EIGHT HUNDRED SEVENTY FIVE AND 23/100 DOLLARS (\$16,875.23) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Feb. 26, 1996

ARMANDO B. PONTOURA, SHERIFF

Salvatore L. Borrelli, Attorney

Belleville Times

Feb. 29,

March 7, 14, 21, 1996

Fee: \$82.72

No. B96-119

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OBC-TV

OUR BEST CHOICE

Suburban Cable
Channel 36

Monday

5:30pm The Dorothy Dunn Travel Show
6:00pm A Closer Look at Community Life

6:30pm Jersey Music & Video Spotlight

7:00pm The Mark Dacey Show*

7:30pm Italics

8:00pm Film Flicks & Video Pix*

8:30pm Health Issues with Debbie DuHaime

9:00pm Cappy's Casino Corner

9:30pm Special Program

10:00pm Jersey Music & Video Spotlight

Tuesday

6:00pm 20/36 with Daisy Velez*

6:15pm Your Business with Ronald Thomas*

6:30pm Video Fashion

7:00pm Green Peace

7:30pm The Blues*

8:00pm Uncle Floyd's New Jersey*

8:30pm O'Keefe Ent. Presents

9:00pm It's In The Stars Live*

10:00pm A Closer Look at Community Life

Wednesday

5:30pm Body Slam on Drugs

6:00pm Back to Basics with Nancy Sabato

6:30pm A Closer Look at Community Life

7:00pm Bringing Italy to You

8:00pm Mondo Italiano

9:00pm Special Program

10:30pm Music Machine

11:00pm Carol & Carol Psychic Call In Show

Thursday

5:30pm 20/36 with Daisy Velez*

5:45pm Your Business with Ronald Thomas*

6:00pm The Theresa Nance Show

6:30pm A Closer Look at Community Life

7:00pm O'Keefe Ent. Presents

7:30pm Big Joe's Variety Show

8:00pm Middle Eastern TV

Friday

5:00pm It's In The Stars (R)*

6:00pm Ambassador of Grace

6:30pm Special Program

7:00pm Film Flicks & Video Pix*

7:30pm O'Keefe Ent. Presents

8:00pm Special Program

8:30pm Jersey Music & Video Spotlight

9:30pm A Closer Look at Community Life

10:00pm Front Page Edition with Lee Spinelli*

Saturday

10:30am The Final Score

11:00am The Theresa Nance Show

11:30am Green Peace

12noon Video Fashion

12:30pm 20/36 with Daisy Velez*

12:45pm Your Business with Ronald Thomas*

1:00pm Essex Digest

1:30pm Mens Baseball League*

6:00pm The Dorothy Dunn Travel Show

6:30pm Body Slam On Drugs

7:00pm The Mark Dacey Show*

7:30pm Jersey Music & Video Spotlight

8:00pm Middle Eastern TV

Sunday

9:00am Ambassador of Grace Minist y

9:30am Uncle Floyd's New Jersey

10:00am Back to Basics with Nancy Sabato

10:30am Accent on Essex County

11:00am Front Page Edition with Lee Spinelli*

11:30am Health Issues*

12noon Special Program

12:30pm Italics

1:00pm Uncle Floyd's New Jersey*

1:30pm Body Slam On Drugs

4:30pm The Blues*

5:00pm Bringing Italy To You

6:00pm Carol & Carol

6:30pm Jersey Music & Video Spotlight

7:00pm Uncle Floyd's New Jersey*

7:30pm The Blues*

8:00pm Mondo Italiano

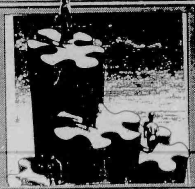
9:00pm Bringing Italy To You

10:00pm O'Keefe Ent. Presents

10:30pm It's In The Stars(R)*

*Programs produced by OBC

BUSINESS PROFILES



Sheng Chi Weng and Ho Yung, president of East West Market, show off the fresh catches of the day. Pictured on the right is, Wei Liu who is busy setting up the desert stand at the market. (Photos By Kelly Tahaney)



City of Hope class and open house at center

The Fitness Center for Women in bloomfield will be hosting City of Hope Hi/Lo aerobic master class with Maureen Brady Saturday, March 16th from 12:30 to 1:30 p.m.

A donation of \$10 will go to HIV/AIDS and related cancers to benefit the City of Hope National Medical Center and Beckman Research Institute.

Space will be limited to the first 50 participants. Donations will be accepted with gratitude for non-

class participants.

The Fitness Center for women is located at 462 Broad Street, Bloomfield, N.J. Call today for registration information at 429-2808.

Open House will be held March 25 from 9 a.m. to 9:30 p.m. Please call for special events and times. Refreshments will be served and free t-shirts to any women who enrolls that day. Come enjoy the spirit of excellence.

East West brings Chinatown to Bloomfield

By Kelly Tahaney

It's easy to miss, it's tasty, exotic, friendly, and fairly new. What is it? It's East West Market.

The market is located at 67 Belleville Avenue in the Forest Hill Manor Shopping Mall, Bloomfield. The store hours are 8 a.m. to 9:30 p.m. seven days a week, call for directions at 748-0030.

The store specializes in Japanese, Korean, Chinese, Vietnamese, Taiwanese, Filipino, and Indonesian products.

The store is divided into two sections, a fish market and a super market. The supermarket area features an aisle of noodles, French and Italian chocolates, cookies, flour, drinks, an aisle of sauces, frozen fish items, Oriental fruits, a row of holistic medicines and teas, rice cakes, fresh vegetables, Chinese video and audio tapes and most of the popular items one would find in Chinatown.

The large fish market area offers a wide variety of fresh fish, and live fish in a three tier fish tank, meats, fresh chicken, duck, and vegetables.

Some of the exotic foods are milkfish, Talapia from Taiwan and jumbo shrimps to name a few.

East West sells 300 to 400 25 lb sacks of rice a week (East West president Ho Yung said that rice is the bread and butter of the Oriental culture).

Many Chinese in the community celebrated the Chinese New Year recently (Feb. 19). This is the Year of the Rat.

The traditional dishes for this, the biggest celebration of the year (Yung said that it is a combination of Christmas and Thanksgiving which lasts for five days), are fruits, cakes, meats, fish and vegetables.

They also give gifts to each other like French and Italian chocolates and money to the children, Yung said.

The benefits of eating Chinese food is that it's very low in cholesterol and very high in carbohydrates and it's very nutritious, Yung said.

"I've been coming here since they opened about a year ago (last Thanksgiving)," customer Milind Diwakar of Belleville said.

"They tell you how to cook the food, they're open long hours, they prepare food for your parties and I don't have to go to Paterson or Chinatown anymore," Diwakar concluded.

Yung said that his customers are usually Chinese and Filipino and occasionally an American.

"We think that we are an interesting addition to the community and Americans should come in and experiment," Yung continued.

"When Americans do come in most are intimidated and confused because they don't know what to look for," Yung said. "We will explain how to cook the foods and you can bring your recipes in and we'll help you," he said.

"We are continuing to grow and eventually we want to be a one stop shopping store without the hassle of traveling to New York," Yung concluded.

Q.P.H.S. introduces new ESL program

The ESL program at Queen of Peace High School has made extraordinary progress, according to Sister Anne William Fagan, S.S.J., ESL (English as a Second Language) coordinator at Q.P.H.S. This is the first year a program has been implemented into the school's curriculum for students whose first language is not English.

Sister Anne William is a former Q.P. Girls' High School principal from 1971-1979. After her departure from Q.P.H.S., Sister Anne William taught at Good Counsel High School in Newark, N.J. from 1979 to 1985, where she taught courses in Spanish and coordinated the ESL program. Because of the heavy influx of students from Peru, Ecuador and Columbia at Good Counsel, Sister Anne William acknowledged a tremendous need for such a program. Subsequently, Sister Anne William served as

Principal at Good Counsel from 1987 to 1995.

Upon her return to Q.P.H.S. and with her extensive knowledge in ESL, Sister Anne William was appointed ESL coordinator.

At the start of the 1995-1996 school year, nine students were enrolled in the ESL program at Q.P.H.S. When asked to comment on their progress thus far, Sister Anne William stated, "A remarkable progress can clearly be noted. I have been successful because I work with the students on a one-to-one basis. In addition to this, I also help the students with their other subjects. This allows them to incorporate what I have taught them into their everyday school work."

Sister Anne William finds the program to be personally rewarding because she gives the students the confidence and encouragement they need.

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National Institute of Health

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LOW BACK PAIN: A TRUE HORROR STORY

A Beast of a Problem

Low back pain is a real problem. First of all, it hurts and can be severely disabling. And, common as it is, back pain is a serious matter: *People with low back pain really suffer.*

And this suffering is compounded by the millions each year: *At least 85% of the population will have disabling low back pain at least once in their lives!* This translates into a lot of pain and days of inability to function.

...An Expensive One, Too

In 1990, lower back pain cost the US over \$20 billion in medical bills alone. Back problems result in downtime: missed workdays, inability to function, and interference with social activities. In fact, back pain is the major cause of temporary disability in people under age 45.

The Enchanted Treatment Forest

Standard medical approaches vary, depending on the cause and severity of the low back pain. Medication is usually the first line of treatment. Physical therapy, ultrasound, hot and cold packs, traction, diathermy, and other procedures are also called upon in many cases. Tests—such as X-rays, MRIs and CAT scans—may be ordered. Sometimes the patient is hospitalized. When the problem is caused by disc damage, surgery may be resorted to.

However, all of these procedures carry risks. And often they're not even effective. In fact, new government-backed guidelines on treatment of low back pain do not recommend surgery, except in a few select cases (according to experts, surgery helps only about one percent of people with low-back problems). These guidelines also frown on expensive tests, as well as on certain unproven treatments (such as traction, biofeedback and nerve stimulation).

What the guidelines do support, however, is spinal manipulation. Chiropractors, who perform spinal

manipulation, according to the guidelines, "can be helpful for patients with acute low back problems... within the first month of symptoms."

Taming the Monster

Many people with low back pain have turned to chiropractic for relief of their symptoms and even getting rid of their cause, in many cases. A chiropractor is specially trained to treat many types of low back pain—without drugs or surgery—and usually at a fraction of the cost. The spine actually becomes healthier through correction of the alignment of the vertebrae and relief of stress on the spinal nerves. Pain becomes history!

Living Happily Ever After

If you—or someone you care about—suffer from low back pain, isn't it time to turn the page?

Dr. Robert LaBruzza is offering—for a limited time only—a special \$25 exam to all first-time patients. You will receive a complete examination, consultation, and two X-rays (if necessary). These services normally cost \$150 or more. Most insurance plans cover chiropractic care; in addition, Dr. LaBruzza participates in several HMOs and PPOs.

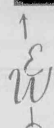
You owe it to yourself to call today!

Dr. Robert J. LaBruzza, DC, graduated from the world-renowned Palmer College of Chiropractic. He received his orthopedic degree from New York Chiropractic College in 1992; he is one of a small number of chiropractic orthopedists in the country.

For Help or Information, Call
(701) 470-7776

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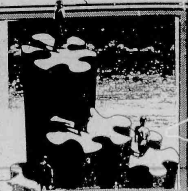
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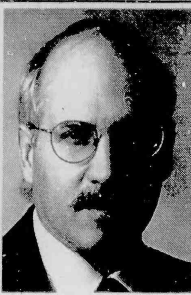
BUSINESS PROFILES



Thomas Chanowski



Josephine Castaldo



Robert Pavics

American Savings names vice presidents

The Board of Directors of American Savings Bank, based in Bloomfield, recently named several new vice presidents.

Bloomfield resident Thomas Chanowski was appointed vice president collections/construction lending/security officer at American Savings.

Chanowski had been serving as assistant vice president/collection. He has worked at American

Savings for four years.

Josephine Castaldo of Roseland was promoted to the position of vice president/branch manager/human resources officer/bank secrecy act compliance officer.

Castaldo has worked for American Savings for 11 years, most recently as assistant treasurer.

Eric Heyer, of Princeton, with two years of service at American Savings, was promoted to the position of vice president-

controller/treasurer.

He previously was American Savings' vice president/controller.

Also, Livingston resident Robert Pavics will now serve as American's vice president/internal loan review/internal auditing/compliance officer.

Pavics was previously assistant vice president. He has worked at American Savings for three years.

American Savings is located at 365 Broad St.

JAY-TEE'S PET SPECIALTIES

161 Glenridge Avenue
746-4799

The years of experience displayed by the professional staff of JAY TEE'S PET SPECIALTIES is unparalleled. Knowledge of this sort can be acquired through honest hard work and many long hours serving customers. Established in 1976, JAY TEE'S PET SPECIALTIES' concept is to provide quality pet foods and supplies to an increasingly educated and sophisticated consumer.

As owner Joel Tabor explains, "People who come to us appreciate our honesty. We won't steer our customers in the wrong direction when purchasing food and supplies for your pet. We take the role in educating the consumer."

An example of JAY TEE'S customer service was most evident just the other day when a former customer, now living in Colorado, called to order an item sight unseen, placing her trust in Joel. Other orders come in as far as Texas and Europe.

Store owners Joan and Joel Tabor have been actively involved in the sport of showing and breeding dogs since 1974. Their dogs, which have competed in shows, field trials, obedience and hunting tests, are pictured in breed books from around the world. Joan is currently involved in updating a book on German Shorthaired Pointers.

They've been featured in Money Magazine, ABC Good Morning America and Channel 9 News.

The concept of consumer value is found throughout the store. High-quality merchandise is available at discount prices. For those customers who value convenience, JAY TEES will gladly assist in curbside loading of your packages. Ask them about their prompt, free home delivery service and be sure to take advantage of their monthly unadvertised specials.

JAY TEES offers expertise in all phases of pet care. The staff will gladly answer any questions you might have about your pet. Be sure to stop by JAY TEES, the innovators not the imitators.

Job Haines planning summer renovations

The Job Haines Home is currently in the process of reviewing finalized plans for the construction and renovation project scheduled to begin this summer. The overall goal of the project is to add assisted living to the services provided by the Home. Assisted living is designed to provide supportive services to the elderly such as personal care, dining and medication supervision, in an apartment-like setting as an alternative to traditional nursing home care.

In considering the final plans, the Trustees and management of the Home remain dedicated to ensuring the following design goals: 1) The assisted living wings will retain a residential flavor, and 2) both the inside and outside of the additions will blend naturally with the original Victorian design and decor which makes the Home unique.

Says Executive Director Jacqueline Kerr Harrold, "The design of the new buildings eliminates the single long corridor, which embodies the 'institutional look.' Rather, the architects have designed small clusters of apartment-like units. These clusters, called 'neighborhoods', are centered around a comfortable living area. People will have the opportunity to meet their 'neighbors' here or seek the privacy of their individual apartments as they desire."

Further, the project is designed to create a "residential scaled village." The concept is to preserve individual independence by providing services themselves rather than rely on family members to run errands for them. Proposed services include: a barber/beauty shop, a convenience store and a health clinic for doctors' appointments. Individual mail boxes and some banking services will also be provided.

Construction of the project is expected to continue over three years in three separate phases. The first phase of construction will consist of a new nursing unit, which will provide traditional nursing home care, and one wing of assisted living. The second phase will be comprised entirely of assisted living units. The final phase will complete the project with a renovation of the 1902 building, in keeping with the original design and decor. Additional assisted living accommodations will be available in this section of the building.

Incorporated in 1897, the Job Haines Home will soon be celebrating a centennial. Harrold says, "It is a happy coincidence that we will be celebrating a centennial as we look forward to opening the first completed wing of construction." The Trustees and management of the Home are working now on plans to celebrate the centennial which will honor the Home's historic past and inaugurate its "Second Century" of service.

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Fri.	9:00am-9:00pm
Sat.	8:00am-2:00pm
Sun.	9:30am-1:00pm

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BUSINESS PROFILES

Chiropractic and the brain

The 90's has been dedicated to the decade of the brain, at a time when it has become apropos to discuss with openness mental diseases that have surfaced. Conditions such as Alzheimer's, Parkinson's, Mental Depression and emotional disturbances are just a few that seem to dominate the airwaves. As science continues to evolve to look for better ways of treatment of some of these conditions, Chiropractic must not be overlooked.

Chiropractic, to many people, involves the treatment for disorders that mainly effect the spine, such as neck and back aches, sprains and strains type injuries. When understood in its proper scientific form, Chiropractic is an offensive science, art and philosophy that can stimulate the nervous system. When stimulating the nervous system, one must take into account the brain, since the brain is made up of nervous tissue. When Chiropractic adjustment procedures are done it becomes obvious that if the nervous system can be stimulated, then the brain must be stimulated.

One study showed stimulation of certain brainwave patterns after Chiropractic manipulation or adjustment procedures were done. This in itself shows the essence of Chiropractic and its ability to cause changes in electrical patterns in the brain. Its factual that around the sixth decade of life is when most Alzheimer patients begin to notice symptoms. It is also factual during this decade the neck, which has the most joints in the body, also begins to deteriorate. The correlation is that the vertebrae, which are the cones in the spine, have nerve endings attached to them which signal into the spinal cord and send impulses up and down the spinal cord and into the brain. When the joints become degenerated, as in osteoarthritis, these joints do not

that could have gone to the brain and the rest of the spinal cord.

The majority of brain activity or stimulation is dependent upon osteoarthritis due to lack of movement, it would make sense that the brain is receiving less stimulation than it has previously. As a result, brain cells are unable to function the way they once did, and the symptoms from confusion to mood changes, loss of memory can begin to manifest. Of course, Chiropractic care from a very young age would hopefully slow down the process of joint degeneration and breakdown. Since many people do not start Chiropractic care early, we have to deal with changes that have already taken place. It becomes quite crucial to have an understanding of how Chiropractic can stimulate the brain. Chiropractic manipulation or adjustment procedures becomes almost a necessity.

Loss of balance (ataxia), is a prime example of other conditions which are caused from joint degeneration and lack of nerve stimulation. Of course, there are many reasons for some of these conditions that we have stated and a good examination would help to determine that. When thinking of Chiropractic, don't only think of a science that can reduce sprains and strains, but in doing that stimulation of the nervous system is one of its greatest effects.

Paul F. Stefanelli, D.C., D.A.C.N.B. is a Board Certified Chiropractic Neurologist who has been practicing at 567 Franklin Avenue, Belleville for the past 10 years. Dr. Stefanelli's office has a very courteous staff consisting of two certified massage therapists, as well as Cybex rehabilitation equipment and a full insurance department.

If you have any further questions, please feel free to contact our office.

Park Manor appoints new medical director



Dr. John Kelly

Park Manor Nursing Home, located at 23 Park Place in Bloomfield, is pleased to announce the appointment of Dr. John Kelly to the position of medical director.

Dr. Kelly, whose private practice is located in Bloomfield, was born and raised in Nutley. He continues to reside there with his wife, Cindy, and their six children.

Dr. Kelly is a dedicated physician with many years of experience with the geriatric population. He is affiliated with several area hospitals.

Committed to meeting the needs of the community, he makes house calls to his patients who find it difficult to leave their homes.

Dr. Kelly's presence at Park Manor will enhance the already outstanding team of professionals who provide nurturing, loving care to our residents.

Update On Social Security

News For "Notch Babies"

(NAPS)—There could be \$5,000 worth of good news for the approximately ten million people born between 1917 and 1926, their friends and families. Until now, these "notch babies," as they're called, received lower Social Security benefits, compared with persons born on either side of their age group.

Attempts to correct this inequity in the past have failed in large part due to the high cost.

In response, the idea of a one-time \$5,000 lump-sum settlement of those affected by the notch has been proposed by TREA Senior Citizens League, a national lobby-

ing organization with more than 619,000 active supporters. This will save the government the cost of a long-term payout and get many of these beneficiaries some money while they can still use it.

The proposal is also being studied by the Congressional Research Service in order to determine total cost.

For more information, write Michael J. Zabko, TREA Senior Citizens League, Dept. L201, 909 N. Washington St., #301, Alexandria, VA 22314.

Community Mental Health looking for volunteers

One of the most inspiring aspects of life in the U.S.A. is the great value placed on volunteerism. I suspect there is no country that has anywhere near the number of volunteers we have in this country and the number of hours they spend working for no pay and loving every minute of it.

Here at Community Mental Health Services we have a sterling example in our board president, Leo Toscano. As one of the trustees of the agency, he is already a volunteer donating time and effort to maintain the agency's viability so the staff can continue to provide

quality care to those in our towns who need psychological support.

Nevertheless, after retirement from the banking industry, Mr. Toscano has been quite busy volunteering his time at a local public school helping out in the classroom with kids who need some extra help. The wonderful thing about America is that volunteers are everywhere, and Mr. Toscano is one of millions.

Anyone who may be interested in volunteering some of their time in one of the CMHS programs can call Alice Ricci at 450-3100.

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For more information on vacation stays and rates, please contact the Admissions coordinator at:

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BUSINESS PROFILES



Female volunteers sought for research study

Volunteers are currently being sought to participate in a clinical study comparing two medications for the treatment of vaginal yeast infections (vulvovaginal candidiasis).

Essex Testing Clinic, Inc., located in Verona, is conducting the study under the medical direction of Dr. Sofia Anthony, M.D., who must qualify all patients before enrollment.

Three out of four adult women experience at least one episode of vulvovaginal candidiasis during their lifetime; and 40% to 50% of these women suffer a second episode.

Women, 18 years of age or older, experiencing vaginal itching, burning or irritation, may be qualified to participate. Women with any of these symptoms may be eligible to enroll into the study which provides for free medical explanations, laboratory tests and study treatment drug. Patients will also be given financial compensation (up to \$75) for their time and travel.

As part of the study, all patients will receive seven days of treat-

ment, and must make three visits to Essex Testing Clinic; on day one to qualify, again approximately eight days after treatment and again approximately 30 days after treatment. At these visits, patients will be given a pelvic examination, which will include microscopic laboratory tests to verify diagnosis and treatment success.

Essex Testing Clinic is one of the leading clinical testing laboratories worldwide in the areas of pharmaceuticals, cosmetics and toiletries. Dr. Anthony has extensive background in clinical investigation and is the director of Mountainside Family Practice Residency Training Program, which is sponsored by Mountainside Hospital in Montclair.

Both organizations are located at 799 Bloomfield Ave., Verona, where all medical examinations will take place.

Women who think they might have vulvovaginal candidiasis and are interested in learning more about this study should contact Jo Anne at Essex Testing Clinic at 857-9248.

'Hands on Health'

You're crazy not to commit

Making the physical fitness commitment

By Robert Ruffalo, PT, DC, CCSP

"I'll start exercising next week." Sound familiar? A week goes into a month, then a year and before you know it, you're back to where you started...or even worse. Let's face it — weight gain or the struggle to shed pounds is a struggle many of us can identify with. I see so many patients who are concerned with their weight and want some helpful hints on how to lose weight.

E-X-E-R-C-I-S-E is to Expend X-tra Energy Routinely & Continuously In Serious Exercise. Now is the time to commit to a regular routine. Don't wait another minute. Today will be the day you set forth a program to improve your physical fitness. Don't forget, after March comes April, May, and then summer!

The best way to commit to an exercise routine is to make a personal fitness contract with yourself. Writing down your plan for becoming more fit can help you keep sight of your goals. Goals must be set realistically. NO — you won't shed 30 pounds before the class reunion next week. But don't despair, YOU can start to make a difference.

Some suggestions before you start. Be sure to have a physical or have a medical doctor evaluate your physical condition. This is the most important thing to remember. You may not realize your physical condition is not as good as you think it is. For example, my friend, Mary, began an exercise routine which included walking every morning for five mornings out of the week. Then she felt she needed a challenge. She began to run for half an hour each morning. She was in my office for an evaluation last month because her knee was in so much pain, she couldn't walk or run. Mary, you should know better. Start slowly, then increase gradually.

When you begin to exercise, be sure to start off gradually. Begin with warm up and stretching exercises for five to 10 minutes before working out. Then go into conditioning exercises such as working with your arms, lifting them above your heart for about 10 minutes. Don't stop here. Go right into aerobic exercises such as walking, running, swimming, cycling, etc. Keep your pace up for 20-30 minutes at least three times per week. Cool down for five minutes and then stretch for five more minutes. Now that didn't hurt, did it?

On the alternate days, try resistance exercises for 15 minutes such as push ups, abdominal curls, leg lifts. You still have to stretch before you begin! But what is "safe stretch" anyway? Using slow, controlled movements, work through your entire range of motion. Don't bounce and NEVER push past the point of tension! Simple enough.

If you don't feel you are disciplined enough to create your own exercise routine, you can join an exercise facility. Before jumping into this, be sure to check the instructor's credentials. Make sure warm up and cool down periods are included in the exercise routine. Brisk, energetic, continuous activity should last for at least 20 minutes. Also, choose a place that is conveniently located, (close to home or work), so that there is no excuse for not going. After all, excuses are the #1 culprit to weight gain!

Good luck! I know you can do it! Encouragement from yourself and others around you will get you over the hurdle.

As part of the "Hands on Health" campaign, Dr. Robert Ruffalo is offering FREE information on creating a personal physical fitness contract. Calendars and charts are available as well. For more information, call or stop by A.T.E.A.M. Approach Chiropractic & Physical Therapy Center located at 265 Broad Street in Bloomfield, 429-3001. If you walk over, it will be even better.



Dr. Robert Ruffalo

Fit America opens in Nutley

Fit America is a natural weight loss program with stores nationwide, has recently opened its newest store at 92 A Centre Street, Nutley.

Rosemary Bucco, store manager and Fit America success story, explained, "Fit America's program is different than any other weight loss programs that you have ever heard about or tried."

"This is not a diet in the traditional sense," Bucco said. Fit America consists of 13 different, all-natural Chinese herbs contained in capsule form. The product was developed by a doctor and contains no drugs or chemicals.

Fit America is a healthy way to lose weight naturally. Whether your weight loss goal is 10, 20, 50, 70 pounds or more. Fit America is the all natural plan that will help you do so.

There are no pre-packaged meals, no commitments, no weigh-

in and no membership fees. Consultations are free and customers are invited to walk in anytime without an appointment.

"As the body begins to function more efficiently," Bucco pointed out, "there will be a noticeable difference from the beginning, which may include increased energy, loss of inches and reduced hunger pangs."

Fit America offers a 7-10 day starter pack for \$29.95. All customers receive a free video, free water bottle and herb container with their initial purchase.

The Nutley store is open seven days a week: Mon-Thurs., 10-7, Fri and Sat., 10-5, and Sun., 11-2. All major credit cards are accepted and phone orders are gladly shipped anywhere. You may also shop from the privacy of your own home by calling 661-0011 or 1-800-593-3995.

Montclair Plaza reopens as the Montclair Manor

Attention

Senior Citizens, Social Workers, Hospitals, Medicaid Offices

We have recently purchased what was formerly known as the Montclair Plaza, now known as the Montclair Manor, located at 403 Claremont Avenue, Montclair. The Montclair Manor is a 35-bed, residential health care facility.

As most of you know, we have owned Hazlecrest Manor Nursing Home and Parkview Nursing Home, located in Bloomfield, for the past 15 years. We feel that the purchase of Montclair Manor will enhance our commitment to pro-

vide a continuum of patient care to the community.

Please keep us in mind when you have a person requiring residential health care. The prices per month will vary depending on room selection. The cost will range from \$800 per month to \$2,000 per month.

Any prospective clients and all social workers can contact us immediately at 509-7363 to arrange for an interview.

Sincerely,
Deborah DelVecchio
Administrator, Montclair Manor
Richard DelVecchio
L.N.H.A. MPA
Chief Executive Officer

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BUSINESS PROFILES



Open House at the Watchung Cooperative Preschool

The Watchung Cooperative Preschool opens its doors for its annual Open House from 10 a.m. to 12 p.m. on Saturday, March 2 in Upper Montclair. The parents and teachers who run the not-for-profit school encourage those with toddlers and pre-schoolers to come and visit the Open House for those considering September 1996 enrollment. There will be refreshments, face painting and entertainment for the family and an opportunity to talk with co-opping parents and teachers about the various classes and curriculums.

"It's a very unique school," explains Bloomfield resident Susan Frey-Lloyd, parent of three children who have attended the Co-op. "When my oldest son was two and a half, I wanted him to be part of some initial play group, but I was anxious and unsure about what kind of situation to put him in. We discovered the Co-op, which allowed me to be part of his new classroom environment, so I was able to be right there for his eye-opening experience." Ms. Lloyd said she was able to see first-hand how he integrated with other kids, and where he was developmentally, compared to his peers. She added, "It helped us both with separation and allowed each of us to get through and past this big step. I've sent all three of my boys there, and the outcome has been outstanding." Lloyd remarked that they seem well-adjusted and have handled the transition into public school with confidence. They learned through deliberate creative play exercises the important tool they now use everyday, and had a great time while they were learning at the Co-op.

The Watchung Cooperative Preschool offers various educational programs for children ages 2 1/2 through Pre-K. Five fully certified teachers incorporate arts and crafts, storytime, music, sing, group snack time, playground play, science and holiday projects into their classroom activities. What is most difference about the school is the opportunity it gives parents or caregivers to participate in their child's first classroom experience. And, on an adult level, it depends on parents for hands-on policy making and maintenance of the standard of excellence at the Co-op. Up until this year, parents were required to co-op, or give 2 1/2 to 3 hours of time a month to their child's classroom. As the Co-op remodels itself every year to accommodate the parents who run it, its new shape presently offers parents a buyout or caregiver alternative for those who have inflexible family schedules.

The Co-op is proud to be one of the only local preschools to take field trips with its children to places like Green Meadows Farms

and Paper Bag Players Theater. And it schedules creative theatrical entertainment throughout the year for the member families and outsiders to enjoy. On that note, Saturday, March 9 at 10:30 a.m., "Not Just Puppets" will be performing a combination of storytelling, sing-a-longs and art forms with a puppets play at the Watchung Co-op. All are welcome. Admission is \$3 per child over the age of one.

Below are the classes available for September 1995. Delayed starts for children turning of age during the semester are also available. The school is located at 71 Mt. Hebron Road in Upper Montclair. For more information about the school, tuition costs or appointments, ask for Director/Teacher Mona Bucceri or Co-op President Sally Deehan at 783-4535.

Creative Play AM (2 1/2 years old by 9/96) Mon. and Tues. 9-11:30 a.m.

Creative Play PM (2 1/2 years old by 9/96) Mon. and Tues. 12-2:30 p.m.

Discovery AM (3 years old by 9/96) Wed., Thurs. and Fri. 9-11:30 a.m.

Discovery PM (3 years old by 9/96) Wed., Thurs. and Fri. 12-2:30 p.m.

Adventurers (mixed 3 and 4 year olds) Mon. and Tues. 12-2:30 p.m.

Pre-K (4 and 5 year olds) 3, 4 or 5 day options 9 a.m.-12 p.m.

Lunch Program 11:30 a.m.-12 p.m. or 12-12:30 p.m. for an extended day schedule.

Certain classes can be combined to extend half-day classes.



FATHER AND SON-Ralph and Steven Spinoza hold down the fort at Spinoza Music store on Washington Avenue. (Photo by Kelly Tahaney)

Spinoza Music teaches and sells the best tunes in town

By Kelly Tahaney

Since 1953 Ralph Spinoza has owned and operated Spinoza Music in Belleville.

How have you maintained the quality of your service to the residents of Belleville? "We have a closer family touch with the people," Spinoza said. "We're a family oriented store."

Spinoza's son, Steven, has helped keep the standards of quality service at an optimum level since he joined in 1986.

Steven is the band director at Weehawken High School. Steven has researched music for much of his life and he believes in a strict musical curriculum.

What are your prices like? "Our prices are as competitive as anybody in the business," Steven said.

They sell the #1 and #2 drums in the world as well as the #1 and #2 in Latin percussion instruments.

Besides all the guitars, drums and synthesizers, the Spinoza's also teach classes.

"We're not just music experts but, we treat our students the way we would want to be treated," Steven said.

The classes are given Monday thru Friday 3 to 8:30 p.m. and 10:30 a.m. to 5:30 p.m. on Saturdays.

The classes cost \$12 for a half an hour for one session a week. Private lessons only.

The Spinoza Music Learning Center Faculty is: on the drums are, Steven Pizzarelli, Nicole Esposito, and John Castiglione; on guitars are, Chris Cicchino, Glen Fabricatore, Jason Foley and Rolando; on piano and accordion are, Rebecca Van Stone, Pam Langan and Emily Lamboy; and on woodwinds and brass is Don Onorato.

The store provides modern studios to learn and perfect your chosen instruments.

"When you come into our store you're dealing directly with the ownership," Steven said. "You're not going to meet Mr. Sears if you go into one of their stores."

Come down to 151 Washington Avenue and learn how to play with best while using the best instruments in the industry. For more information call 759-5666 and ask for Ralph or Steven.



Watchung Co-op Pre-K class in session with teacher Susan Cilento.



Creative Play class at Watchung Co-op for 2 1/2- to 3-year-olds.

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Louis Izzi Sr., 72

Louis Izzi Sr., 72, of Belleville died Feb. 24 in Hackensack Memorial Hospital.

A Mass was offered Tuesday in St. Lucy's Church, Newark, following the funeral from the LaMonica Memorial Home, Bloomfield.

Mr. Izzi was a mechanic for Carolina Freight, Carlstadt, from 1974 to 1988, when he retired. Earlier, he was a mechanic for Hoffman Rigging, Belleville.

Mr. Izzi was a member of Teamsters Local 560.

Born in Newark, he moved to Belleville in 1961.

Surviving are his wife, Yolanda; three sons, Louis Jr., Norman and Gregory; a daughter, Marie Epps; two brothers, Jerry and Joseph Salvano; two sisters, Rose DeCapua and Helen Richko, and seven grandchildren.

Dorothy Shaughnessy, 62

A Mass for Dorothy Shaughnessy, 62, of Madison was offered Tuesday in St. Vincent Martyr Church, Madison. The funeral was from the Madison Memorial Home, Madison.

Miss Shaughnessy, who died Feb. 23 in Morristown Memorial Hospital, was a service order supervisor and assistant manager for the New Jersey Bell Telephone Co., Newark, for many years before

retiring in 1989.

She was a member of the New Jersey Bell Telephone Pioneers of America and the Rosary Society, now called the Women's Guild of St. Vincent Martyr Church.

Born in Brooklyn, she lived in Belleville, Massachusetts and Connecticut before moving to Madison 17 years ago.

Surviving is a sister, Marion.

Obituaries

Kathleen Riordan, 89

A Mass for Kathleen May Hanan Riordan, 89, of Belleville was offered Friday in St. Peter's Church, Belleville. The funeral was from the Kiernan Funeral Home, Belleville.

Mrs. Riordan, who died Feb. 19 in Clara Maass Continuing Care Center, Belleville, was a member of the St. Peter's Senior Citizens Club,

Belleville.

Born in England, she lived in Ireland for 18 years before coming to Belleville in 1926.

Surviving are two sons, John and Daniel Jr.; a daughter, Kathleen Monch; two sisters, Lil Hannan and Sheila Tobin, and 14 grandchildren.

Rose Rowland, 82

Rose Rowland, 82, of Belleville died Feb. 21 in Clara Maass Medical Center, Belleville.

A Mass was offered Friday in St. Peter's Church, Belleville. The funeral was from the Megaro Memorial Home, Belleville.

Mrs. Rowland was an assembler

with Tung-Sol in Newark for 45 years before retiring 21 years ago.

Born in Newark, she lived in Belleville for 30 years.

Surviving are a brother, Ralph Sibilis, and a sister, Columbia Pazzla.

Louis Long Sr., 84

Services for Louis M. Long Sr., 84, of Englewood, Fla., were held Feb. 22 in the Rotonda West Community Church, Englewood. Arrangements were by the Lemon Bay Funeral Home, Englewood.

Mr. Long, who died Feb. 19 in his home, worked for Jergens Loton Co., Belleville, for 40 years before retiring.

He was a member of the Athletic Council in Belleville, coaching and

lecturing in football, basketball and baseball. He also coached in the Belleville Little League and was president of the Umpires Association.

A native of Bloomfield, he lived in Belleville before moving to Florida in 1989.

Surviving are his wife, Ruth; two sons, Louis Jr. and Harry; a brother, Nicholas; 10 grandchildren and four great-grandchildren.

Giuseppe Adamo, 77

A Mass for Giuseppe Adamo, 77, of Belleville was offered Saturday in St. Lucy's Church, Newark, following the funeral from the Megaro Memorial Home, Belleville.

Mr. Adamo, who died Feb. 20 in his home, was a maintenance person with Westinghouse Corp., Newark, for many years before

retiring 12 years ago. Previously, he had been a construction worker with Waverly Builders in Hillside for 20 years.

Born in Hoboken, Mr. Adamo lived in Newark before moving to Belleville in 1968.

Surviving are his wife, Filomena; a son, Rosario; a daughter, Maria, and five grandchildren.

George Padgett, 70

Services were held for George Padgett, 70, of Belleville, who died Feb. 21 in West Hudson Hospital, Kearny. Arrangements were by the S.W. Brown & Son Funeral Home, Nutley.

Mr. Padgett was an assembler for Wallace and Tiernan, Belleville, for 23 years before retiring in 1993. Earlier, he was employed 28

years with ITT, Clifton.

He served in the Navy during World War II.

Born in Newark, Mr. Padgett lived in Bloomfield before moving to Belleville 25 years ago.

Surviving are his friend, Frank Moors; two sisters, Shirley Carson and Marotti Rebol, and two brothers, William and Jesse.

Diane Unis, 63

Diane C. Unis, 63, of Belleville died Feb. 18 in Clara Maass Medical Center, Belleville.

A Mass was offered Feb. 21 in St. Lucy's Church, Newark. Arrangements were by the Prout Funeral Home, Verona.

Mrs. Unis was a food service supervisor for the Servation Center, for five years. Previously, she was a food service manager for the Bloomfield Board of Education at Bloomfield High for nine years. She was a member of the Columbianettes of Bloomfield.

Born in Newark, Mrs. Unis lived in Irvington before moving to Belleville in 1962.

Surviving are her husband, Ronald B.; three sons, Roland R., Richard and Ronald; three sisters, Joan Prati, Beverly Fletcher and Jane Fletcher, and six grandchildren.

NOTICE TO ASSENT DEFENDANTS (L.S.) STATE OF NEW JERSEY TO:

A & R CO., CARMEN CRUZ, YOLANDA HERBERY SUMMONED AND RE-
QUINED to serve upon
FEDERMAN AND PHE-
LAN, P.C., plaintiff's attor-
ney whose address is Suite
505, Sentry Office Plaza,
216 Haddon Avenue,
Westmont, New Jersey
08126, an answer to the
Complaint filed in a civil
action, in which Federal
Home Loan Mortgage
Corporation is plaintiff and
Roberto S. Vargas et al. are
defendants, pending in the
Superior Court of New
Jersey, Chancery Division,
Essex County and better
Docket No. P-14872-94
within thirty-five (35) days
after February 22, 1996
exclusive of such date. If
you fail to do so, judgment
by default may be rendered
against you for the relief
demanded in the
Complaint. You shall file
your answer and proof of
service in duplicate with the
Clerk of the Superior Court
of New Jersey, Hughes
Justice Complex, CN-971,
24 Market Street, Trenton,
New Jersey 08625, in ac-
cordance with the rules of
practice and procedure.
This action has been insti-
tuted for the purpose of (1)
foreclosing a mortgage
dated May 16, 1988 made

by Roberto S. Vargas, and
Olga M. Vargas, his wife
as mortgagors and given to
County Mortgage Co., Inc.
which was recorded on May
24, 1988 in Book 5581 for
Essex County, Page 461. By
written assignment dated
October 13, 1989, Norstar
Mortgage Corporation, suc-
cessors in interest to Inter-
county Mortgage
Corp., f/k/a County
Mortgage Co., Inc., as-
signed said mortgage to
Federal Home Loan
Mortgage Corporation, the
plaintiff herein. Said
assignment was recorded on
November 17, 1994, in ac-
cording to a meeting of the
assignment Book 9732,
Page 9857 and (2) to recover
possession of, and con-
cerns premises commonly
known as 612 Highland
Avenue, Newark, New
Jersey.

If you are unable to obtain
an attorney you may com-
municate with the New Jersey
State Bar Association by
calling 800-852-0127. You
may also contact the
Lawyer Referral Service of
the County of Essex by call-
ing 201-422-6307. If you
cannot afford an attorney,
you may communicate with
the Legal Services office of
the County of Essex by call-
ing 201-422-6307. YOU, A & R CO.,
are named as a party defen-
dant herein for any lien,
claim or interest you may
have in, or on the mort-
gaged premises by virtue of
the following judgment:
Carmen Cruz and Union
County vs. Roberto Vargas
Superior Court of New
Jersey
Judgment Number: USDL
117
Date Entered: 06-18-91
Type of Action: Child
Support
Venue: Union
Case Number:
JCS0507895A
Debt: \$5,120.00

Donald F. Pielan, Clerk
Superior Court of
New Jersey
Belleville, NJ
Feb. 29, 1996
Fee: \$72.85
No. B96-101

William Domenick Sr., 85

Memorial services for William Domenick Sr., 85, of Belleville were held Monday in the Zarro Funeral Home, Bloomfield.

Mr. Domenick, who died Feb. 22 in Clara Maass Medical Center, Belleville, was a self-employed construction worker for 40 years in

the Belleville area before retiring in 1975.

Surviving are his wife, Virginia; a son, William Jr.; a daughter, Betsy Wagner; a sister, Katherine Pasquarella; seven grandchildren and seven great grandchildren.

Cecelia Pocsai, 49

A Mass for Cecelia Pocsai, 49, of Belleville was offered yesterday in St. Stephen's Church, Passaic, after the funeral from the Bibuz-Quinlan Funeral Home, Clifton.

Mrs. Pocsai, who died Feb. 24 in St. Mary's Hospital, Passaic, was a real estate sales representative for Coldwell Banker/Schlott Realtors,

Lyndhurst, for the past several years.

Born in Hungary, Mrs. Pocsai lived in Connecticut before moving to Belleville in 1987.

Surviving are her husband, Istvan; her mother, Rozalia Szabo, and a sister, Rozalia Ifland.

James Nardiello, 82

A Mass for James Nardiello, 82, of Belleville was offered yesterday in St. Anthony's Church, Belleville, after the funeral from the LaMonica Memorial Home, Bloomfield.

Mr. Nardiello, who died Feb. 24 in the Essex County Geriatric Center, Cedar Grove, was a printer for the Cocuzza Printing Co., Belleville, for many years before

his retirement.

He was a member of the St. Anthony's Field Club, Belleville.

Born in Montclair, he lived in Belleville for most of his life.

Surviving are two brothers, Canio and Michael, and two sisters, Lucy Prockel and Jennie DeMedici.

TOWNSHIP ORDINANCE

PUBLIC NOTICE is hereby given that the following proposed ordinance was introduced and passed on first reading at a meeting of the Municipal Council of the Township of Belleville, N.J. held on Tuesday evening, February 13, 1996 and further notice is hereby given that the second and final reading of said ordinance will be considered by said Municipal Council at a meeting to be held at the Town Hall, Washington Avenue and Belleville Avenue, Tuesday evening, March 12, 1996 at eight o'clock p.m. when all objections to the passing of same will be heard and considered.

Mary Lou Hood, Municipal Clerk
AN ORDINANCE TO AMEND CHAPTER 12, SECTIONS 9-1, 9-2, AND 9-3 OF THE CODIFIED ORDINANCES OF THE TOWNSHIP OF BELLEVILLE WHICH CHANGES THE PARKING METER TIME LIMIT AND HOURLY PARKING METER RATES AND PENALTY AS IT IS ORDERED BY THE MUNICIPAL COUNCIL OF THE TOWNSHIP OF BELLEVILLE, NEW JERSEY:

That the Codified Ordinance of Chapter 12 in the Township of Belleville be and is hereby amended as follows:
Section 1
9-1.1. Described Streets. The following described streets or part of streets and parking lots in the Township of Belleville are hereby described as parking meter zones:
Washington Avenue, for its entire length, from Newark City line to the Nutley Town line; Shoppers parking in Parking Area #1, Block 74, Lots 1, 7, 9, 28, 28, Lot 24, and such other parking zones as may hereafter be created.
9-1.1. Time Limit. In such zone, no vehicle shall be

parked except as hereinafter provided from 9:00 a.m. to 6:00 p.m. on any Monday through any Saturday. No vehicle shall be parked in Shoppers Parking in Parking Area #1, Block 74, Lots 1, 7, 9, 28 or Parking Area #6, Block 120, Lot 24 from 2:00 a.m. to 6:00 a.m. daily.

Section II
9-2.1. Placement of Meters on Washington Avenue. Parking meters shall be placed upon the curb alongside or next to the individual parking spaces to be designated as herein provided and each of said parking meters shall be so set as to show or display a signal showing legal parking for the space alongside of each meter for a period of one hour parking upon the deposit of one nickel and upon the deposit of the second nickel an additional hour will be provided. These meters are to be located on BOTH SIDES of the street from the beginning of Washington Avenue at the Belleville-Newark town line to the northerly terminus of Washington Avenue designated as Belleville-Nutley town line.

9-2.2. Placement of Meters in Shoppers Parking. Shoppers Parking in parking area #1, Block 74, Lots 1, 7, 9, 28 and Parking Area #6, Block 120, Lot 24 parking meters shall be so set as to show or display a signal showing legal parking for the space alongside of each meter for a period of 15 minutes for 5 cents, 24 minutes for 10 cents, and one hour for 25 cents. Upon the deposit of said coins, up to one additional hour will be provided.

Section III
9-3. OVERTIME PARKING. 9-3.1. When any vehicle is parked in any space alongside of or next to which there is a parking meter on Washington Avenue, the owner, operator, manager or driver of the vehicle shall deposit a five cent coin as above provided in the park-

ing meter alongside of or next to the parking space.

9-3.2. When any vehicle is parked in Parking Area #1, Block 74, Lots 1, 7, 9, 28 or Parking Area #6, Block 120, Lot 24, the owner, operator, manager or driver of the vehicle shall deposit a 5 cent, 10 cent or 25 cent coin as above provided in the parking meter alongside of or next to the parking space. The parking space may then be used by such vehicle during the parking limit permitted by the coin deposited.

9-3.3. If the vehicle remains parked in any parking space beyond the parking limit paid for by the coin deposited for such parking space, such vehicle shall be considered as parked overtime, and the parking of such vehicle shall be deemed a violation of this chapter.

9-3.4. Insertion of Additional Coins to Extend Time. In any meter zone which meter makes provision for parking of two hours or less by insertion of the appropriate coins in said meter, no person shall insert additional coins and remain parked in a parking space exceeding two hours adjacent to such parking meter. This provision shall not apply to Shoppers Parking on Wednesday in Parking Area #1, Block 74, Lots 1, 7, 9, 28. Wednesday of each week, the two-hour parking limitation will be suspended from 9:00 a.m. to 6:00 p.m. in Shoppers Parking in Parking Area #1, Block 74, Lots 1, 7, 9, 28.

* Additions by underline
Belleville Times
Feb. 29, 1996
Fee: \$109.74
No. B96-98



EASIER TO STOMACH
Prior to the summer and fall of last year, those who experience heartburn that antacids could not relieve had to rely on their doctors for prescriptions of so-called H2 blockers. Now, these most prescribed heartburn medications are available in nonprescription strength. H2 blockers, such as famotidine and cimetidine, work by reducing the production of stomach acid that would otherwise backup in the esophagus to cause heartburn. Antacids, on the other hand, work by neutralizing acids already in the stomach. As with any over-the-counter medication, consumers should carefully read the label for restrictions. Generally speaking, H2 blockers are recommended for short-term use. If heartburn continues for more than a couple of weeks, it is a good idea to consult with a physician to assess the problem and formulate more suitable treatment.

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HINT: Prescription-strength H2 blockers are still available by physicians for the treatment of more severe stomach problems, such as gastritis.

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(SPECIAL) -- A new drug has been approved that is exciting researchers in the treatment of pain. This material has been formulated into a new product known as "Arthur Itis" and is being called a "Medical Miracle" by some, in the treatment of debilitating conditions such as arthritis, bursitis, rheumatism, painful muscle aches, joint aches, simple backache, bruises, and more. Although the mechanism of action is unclear, experiments indicate that Arthur Itis relieves pain by first selectively attracting, and then destroying the messenger chemical which carries pain sensations to the brain, thus eliminating pain in the affected area. Arthur Itis is an odorless, greasless, non-staining cream and is available immediately without a prescription and is guaranteed to work. Use only as directed.

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All Ages

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Church School

10:15AM

Fellowship Hour

11:15AM

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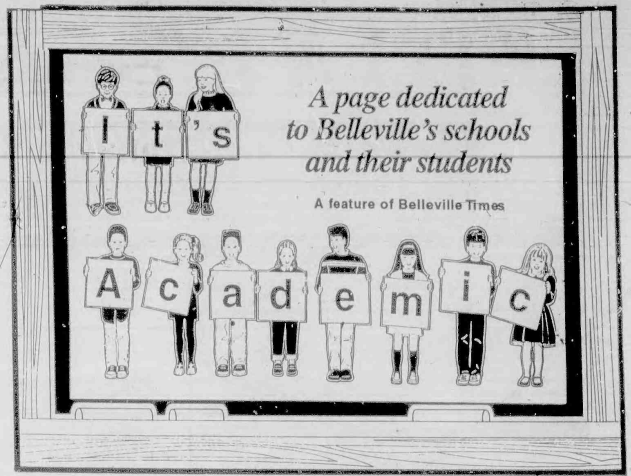
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Your ad will run March 7 thru April 4, 1996

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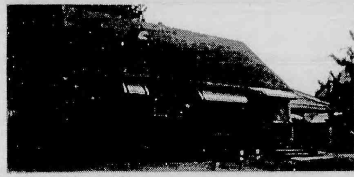
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YOUR MONEY

Can't Figure Out Annuities? Here's a Simple Explanation

News USA

(NU) - Don't be embarrassed. If you don't quite understand variable annuities, what they are and how they work, you're not alone. Annuities are often misunderstood, despite the fact that they are common components of most retirement portfolios.

Here are a few basics:

• **Tax deferral.** Like an IRA (Individual Retirement Account), a variable annuity is a tax-deferred investment. You don't pay any taxes until you withdraw the money. The advantage is greater the longer you let the money compound before taking it out.

Compare a \$25,000 investment in a tax-deferred annuity versus a taxable investment such as a mutual fund. Assume both earn 9 percent a year and the combined federal/state tax rate is 33 percent.

If you hold both investments for 30 years, the annuity would grow to \$281,111. The mutual fund would grow to only \$144,811.

When you begin withdrawing money from an annuity, the amount you take out will be taxed as if it were ordinary income.

• **Early-withdrawal penalty.** Also like IRAs, annuities feature a 10 percent IRS penalty for withdrawals before you reach age 59 1/2.

Annuities have one advantage over IRAs when it comes to withdrawals: You can wait as long as you want to begin taking your money. With an IRA, you must start taking payouts by April 1 of the year after you turn 70 1/2.

• **Unlimited investment amounts.** You can invest as much as you want at any time—unlike IRAs for which investment is strictly limited.

• **Investment options.** You can choose among several broad investment options — for example, growth stocks, international stocks, government bonds or a combination. You control how much risk, and potential reward, your investment will represent.

• **Lifetime payout option.** After you turn 59 1/2, you can choose to withdraw your money in regular annual amounts that are guaranteed for as long as you live. Or, you can receive the total amount in a lump sum.

• **Death benefit.** You can name a beneficiary, who will receive a fixed benefit or annual payments upon your death.

One prominent disadvantage of annuities is that the companies that offer them often demand high sales charges and management fees. And there's usually a surrender charge if you switch out before several years elapse.

A notable exception: T. Rowe Price (800) 469-5340 offers a low-cost variable annuity with no sales or surrender charges and low annual fees. Price also offers the variable annuity analyzer, a software program that helps investors understand annuities and make choices.

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<p>BUY FOR \$1104 MO.</p> <p>OPEN SUNDAY 1-4 2 Family perfect! Ideal 2 bedroom apartments under 2 year old. Maintenance free! \$217,000. Upper Montclair Office 746-1515</p>	<p>BUY FOR \$893 MO.</p> <p>OPEN SUNDAY 1-4 2 William Street, Bloomfield: Beautiful Brookdale 2nd floor duplex with 4 bedrooms, includes finished basement, central air, pet to a large kitchen! \$152,000 Upper Montclair Office 746-1515</p>	<p>BUY FOR \$525 MO.</p> <p>OPEN SUNDAY 1-4 734 Grant Street, Bloomfield: Just behind of Grant Brookdale 3 bedrooms and 2 full baths, large modern kitchen with tile, pet to a large kitchen! \$152,000 Upper Montclair Office 746-1515</p>

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1981 Cadillac De Ville Good for parts only! \$200 takes it! 429-1454 (leave message)

1981 Cadillac 4 dr, new brakes, new water pump, new battery, new tires. \$600 or BO. 667-8806

1985 Buick Somerset Immaculate cond. Auto, PW, PB, PS, PL, AC, AM/FM cassette, 95,000 mi. Digital dashboard. Must sell \$1200 or BO 661-3565

1985 Mustang GT - 8 cyl, 5 sp, black, 64,000 mi., new tires, just tuned, runs & looks new. Asking \$3,700 or best offer. 450-1782.

1987 Caprice Classic Brougham. Black w/ grey leather int. 84,000 mi. \$3000. Call 201-731-0207.

1987 Lincoln Mark VII LSC Fully loaded. 55,000 miles. Blue with grey leather interior. Must see to appreciate. \$6900. neg. 893-6411 (leave message)

1988 Alfa Spider Quad Convertible/hardtop, silver w/gray leather int., AC. All options. \$11,000. neg. 893-6411 (leave message)

1988 Cougar LS Metallic Grey, red int., alum rims, digital dash. Great shape. \$2500. 668-5599 bet 9-5, M-F.

GENERAL OPPORS.

CRUISE SHIPS HIRING
Earn up to \$2,000/mo. working on cruise ships or land-tour companies. World Travel. No exp. necessary. For call: 1-206-634-0488 ext. C28692.

Dental Assistant
F/T, 1/2 day Sat. Oral surgery office. No exp. req. 746-3486.

Driver Teams Tired of false promises? At Covenant we deliver; top teams earn \$104,000/yr. excellent benefits. 401/60. \$2000 bonus. All Freightliner Conventioneers. Solos welcomed. Call today: 1-800-922-5086, ext. 4646

DRIVERS - Solo & Teams, \$2,000/mo. Sign On Bonus. Earn \$103,000/yr. Major Benefits/Mot. & Deadhead Pay. Driving School. Gracia Vehicle. Covenant Trucking. Call 800-338-8426

Earn up to \$700/wk at home. Government/fee. No experience. Process releases. 1-800-299-6232. Ext. 2433

Electrician's Helper
2 yrs exp. req. Must have own trans. Benefits incl. 401k. Call 226-9350 aft. 6pm

Electrician's Helper
No experience necessary. Will train. Call 751-4512

Law Enforcement Jobs
No Exp. Necessary Now Hiring. U.S. Customs, Thompson's. Call 219-744-0010 ext 1135 9am-11pm, 7 days.

Medical Office Asst.
Buy ophthalmology position in 3rd med office. Person for day/eve hrs. with medical office & computer exp. Pres. Approx 2000/wk. Must be detail oriented. Flexible & work well under pressure. Call Chris 743-1331 bet. 1-4 pm.

P/T Clifton office, days
evenings or weekends. Hire to suit, excellent salary, no typing, students welcome. Call 777-8538 or 777-9682.

PC/LAN SUPPORT SPECIALISTS
Expanding \$200,000.00 financial institution is looking for career minded individuals with training and/or experience with Novell Netware 3.x or support and administration. Thorough knowledge of DOS and Windows platforms, PC technical and/or Network certification a plus. Experience implementing and supporting client/server applications preferred. In return you will receive competitive salary and benefits. Send resume and salary history to: **HFL Federal Credit Union - IT Mgr.** P.O. Box 110099, Nutley, NJ 07110 or Fax: (201)338-1461

PIZZA DELIVERY PERSON WANTED!
5-11 pm, 6 days. Call 751-7774

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\$12.68/Hr. To start + benefits. Carriers, sorters, clerks, computer trainees. For an app. & exam info: Call 1-800-338-5601, Ext. 75577, 9am - 6pm, 7 days.

REAL ESTATE CAREER TRAINING - TRAINING
Is the key to success in real estate sales. We have the best in the business. Pre-licensing course as little as \$20.00 to qualified individuals. Call now, ask for Frances 751-7771

Century 21 Northside.
Responsible person w/ office experience needed for smoke free office near Mill St. in Belle. Hire: 8-31-100 pm. Starting rate: \$7.50/hr. Release early 4 month. Call 482-8603.

GENERAL OPPORS.

ADMINISTRATIVE SECRETARY Full Time

Clara Maass Health System, Inc. Northern NJ medical center, currently has a position available for an Administrative Secretary in its fast paced Finance Department.

Responsibilities will include extensive word processing, answering telephones, scheduling appointments, greeting visitors as well as other related secretarial work as necessary. Must have the ability to work in a fast paced environment.

Requirements include 2-3 years secretarial experience, word processing with knowledge of Windows and Excel and strong organizational and communication skills.

We offer a competitive salary and benefits package, including an outstanding on-site educational day care center.

Interested candidates please send resume which must include salary requirements to: Tracey Sierra, Human Resources Department. Call 1-800-922-5086, ext. 4646

CLARA MAASS HEALTH SYSTEM, INC.

One Clara Maass Drive, Belleville, NJ 07109 An EOE m/f/h/v

Recognized as a distinguished community benefits standard hospital.

EXECUTIVE SECRETARY
Clara Maass Health System, Inc., a Northern NJ medical center, currently has a challenging position available for an Executive Secretary.

Reporting to the Chief Operating Officer, this results oriented position will be responsible for managing planning, scheduling appointments, word processing and other related administrative duties.

Requirements must include 3-5 years administrative secretarial experience in a health care environment preferred. Excellent word processing skills (Microsoft Word, Excel), stenographic and excellent communication skills are essential. Must have the ability to interact with all levels of staff and management.

We offer a competitive salary and benefits package, including an on-site educational day care center.

Interested candidates please send resume with salary requirements to: Deborah L. Patis, Manager of Personnel Services. Call 1-800-922-5086, ext. 4646

CLARA MAASS HEALTH SYSTEM, INC.

One Clara Maass Drive, Belleville, NJ 07109 An EOE m/f/h/v

Recognized as a distinguished community benefits standard hospital.

ARTICLES FOR SALE
3 Good used radial tires, 8.75 x 16 12 LTR. \$40/each, 1 spare same size \$20. 743-8769.

Baby Crib White wood
w/mattress. Excellent cond. \$175.00 best offer. 286-1772

Set of Acoustic Response Speakers
3 way home theatre sound. 12" PIP cone woofers, 4" mid-range, 3" dome tweeter. Brand new, still in original package. \$300 or best offer. 590-5411

Stairless DMI 4500
\$50.00 or best offer. 867-1576

WOLFF TANNING BED
Montage Bay Classic 2400. Less than 2000 hrs. Call 250-9291 or 250-9291. 11am & 5pm.

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Buy Direct and Wholesale! Commercial-Home Units From \$199.00. Low monthly payments! FREE NEW COLOR Catalog. Call Today 1-800-482-1305

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COLLECTOR PAYS TOP PRICE. Call 1-800-922-5086, ext. 4671 OR 201-829-1006

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ESTATE SALES
Bloomfield Sat, Mar 2, Sun, Mar 3, 10am-4pm. (No Early Birds!) Furniture, clothing, odd finds. 85 E. Almiria St. 1st fl. Off. James & Co. Spring

FURNITURE FOR SALE
"Used Dining Cabinets" "Chairs/Desks" EDDELSTEIN OFFICE FURNITURE WHSE. 946 Market St. Paterson Cor. Lakeview & Rt. 80. 523-6153 3% N.J. Sales Tax

5 pc antique BR set, 60 yrs old. 50 yr old cherry mahogany BR set. 4 pcs. Call 750-7991.

Dining RM, Italian fruit wood. Table w/6 cane back chairs. New cushions. Glass buffet & chairs. Leaves/dishes incl. Will neg. 661-9159

South Carolina LAKEVIEW CARCINI
\$19.900 Free Boat Slip! Beautifully wooded lot w/ spec private boat slip in spectacular waterfront community abutting golf course. Paved roads, water, sewer, more! Excellent financing. Waterfront lots also available. Call now. 1-800-704-3154.

Timberlake Estates.
Tired of high taxes, crime and congestion? Make your move to Ocean County and the Jersey Shore. Call the professionals at CROSSROADS REALTY today. 1-800-753-0088

Trenton, State House Location. offering 4,852-SF with 2,500-sq-ft. of second floor for the lobbyist, lawyer, professional with immediate State House access. Call for additional information. Richardson Commercial 609-586-1000.

PRIVACY HEDGE. 3 1/2' - 4 1/2' Cedar Arborvitae. Inset. Delivered early 1995. Now \$7.95. Free shipping - 12 tree min. Also available: pine, birch, ilac. Discount Tree Farm. Phone 1-800-889-0828

MATTHEWS/BOX SPRING SET
*Ortho
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Privacy Hedge. 3 1/2' - 4 1/2' Cedar Arborvitae. Inset. Delivered early 1995. Now \$7.95. Free shipping - 12 tree min. Also available: pine, birch, ilac. Discount Tree Farm. Phone 1-800-889-0828

PETS FOR SALE
\$150 PUP SALE
\$150 pups any pup in #1 Puggy House. Good So. Location. M/C Visa Open March 1, 2, 3 & 4. Hrs. 10-5. J.P. O'Neill Kennels, US Hwy 91, Princeton, NJ. Across road from Hyatt Hotel (no checks)

FREE PETS
Liano Apple - White, female dog. Small, 15 lbs. Very gentle. 4 yrs old. Free to good home. 661-9644.

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JUST WHAT YOU AD WILL DO WHEN YOU USE A LARGER TYPE SIZE

REGULAR 8 POINT
12 POINT
14 POINT

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All Real Estate advertised herein is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, national origin, familial status or handicap or intention to make any such preference, limitation or discrimination"

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Lot For Sale, 3/4 acre
beautiful country lakes at High Point, Sussex, NJ. For further details please call 201-450-0789 after 5:00 p.m. week days, or anytime Saturday and Sunday.

Spring Garden section.
Good condition starter home, 1 1/2 bds, att. gar., pvt. section of town. Asking only \$135,000. Call Marie at Century 21 Stanford Agency 235-9000 or eves 667-1940

NUTLEY
Spring Garden section. 4 BR expanded Cape with new kitchen, formal dining room. Just reduced \$158,000. A must see! Call Marie at Century 21 Stanford Agency 235-9000 or eves 667-1940

Verona
By Owner 3 BR Split, w/3 bths, LR w/cath, w/balcony, EIK, lg farm mss. Asking \$214,900. 229-0701

VACATION RENTALS
Timeshare apt Villa Roma Resort, Callicoon, NY (Catskills), week of \$12 to \$19. Luxury accommodations for 4, \$250. 933-5332

APARTMENTS UNFURNISHED
NORTH NEWARK Forest Hill, 3 rm cottage house, \$225 - elec, furnished. EIK, lots of closets, near train. MARZULLI REALTOR 743-2306

Belle - 1 BR apt.
HWH incl. Off Washington Ave. \$575/mo. Call Beeper 308-5702.

Belle - 3 rms, 1st fl.
\$590, 3 rms, 3rd fl, \$575, HWH, 1rm 1/2 mo. No Pets. 759-1637 or 450-4323

Belle - Completely renovated
6 rms, 2 BR, lg LR, DR, kit, sunn/3rd BR, must see! \$200/mo. \$650 + utils. 751-4971.

BELLEVILLE - 1 1/2 ultra modern
garden apt in quiet community. Extras include W/W opt, H/W, laundry rm, parking space. Call 743-8642

Bloomfield - 2 BR, 1 1/2 lg rms, EIK, laundry
hkups, storage space, etc. Avail. imm. \$725 + utils. Call 429-8100, weekdays 9am - 5pm.

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HOUSES FOR SALE

NUTLEY
2 FAM Bloomfield Ave, near train & school! 5 rms as yr, lg mod kits, laun fcs in bsmt - 2 hkups, spec heat. \$170's - all offers!

RANCH Spring Garden area, 2 lg BR's on 50X116 ft. GA att. gar, fam. rm. Reduced to \$150's. All Offers!

BELLEVILLE
COL. fns. mod on "park like" str. Area kit w/appls, lg DR, fpl/LR, 3 BR's, 2 car gar. This home comes with 2 SEEN! \$160,000 - All Offers!

BLOOMFIELD
NEW 2 FAM on cul-de-sac, 5 rms & 6 bms. Well kept - many features. Must Be Seen! Nr Nutley border. Built in garages, fenced yard. \$225,000. REALTOR: RECORDS REALTY 3 High St. Nutley 667-5500

NUTLEY
NEW LISTINGS Radcliffe section. 3 BR's, 2 full bths, LR, FOR. EIK, bsmt, att. gar, plus much more. Asking \$205,000.

Spring Garden section.
Good condition starter home, 1 1/2 bths, att. gar., pvt. section of town. Asking only \$135,000. Call Marie at Century 21 Stanford Agency 235-9000 or eves 667-1940

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APARTMENTS UNFURNISHED

BELLEVILLE
2 BR, 1st fl, EIK, DW, hksups in bsmt \$900 + NUTLEY 3 BR, w/alcuz, w/d, W/D, 2nd fl. \$975 + utils. Avail. now.

BELLEVILLE
2 BR, 2nd fl, w/lig kit, hwd fns. \$910 inc H/W. MONACO REALTY 667-8000

BELLEVILLE
5 rms, 2 BR, 1 mth security, no pets. Avail now. 759-2835

BELLEVILLE
Brandywine 5 rms, 2 BR, 2 1/2 bths, plng indry, storage, \$950 + utils. Avail. imm. MARZULLI REALTOR 743-2306

BELLEVILLE
2 BR grdn, \$785 incl H/W. Avail. imm. MARZULLI REALTOR 743-2306

BELLEVILLE
1 1/2 rms, 2 BR, \$700 + util,



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WHILE SUPPLIES LAST

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Bottom Round Roast

1.59 lb.

BONELESS BEEF

Round Cube Steak

2.59 lb.

5-7 LB. AVG., BONELESS BEEF ROUND

Whole Bottom Combo Pack

1.79 lb.

BONELESS BEEF

Round Rump Roast

1.79 lb.

BONELESS BEEF

Seamed Eye Round Roast

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JENNIE-O

Turkey

1.99 lb.

Pastrami

1 lb.

The Dairy Place

FROM CONCENTRATE, REG. OR COUNTRY STYLE

ShopRite Orange Juice

1/2 PRICE

.99 64-oz. cont.

REGULAR, LITE OR FAT FREE

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.69 8-oz. cont.

ANY VARIETY

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Armour Sliced Bacon

2.300 1-lb. pkgs.

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Ballpark Franks

1.99 1-lb. pkg.

WHY PAY MORE™

Wilson Meat Franks

.79 1-lb. pkg.

Plumrose Domestic Ham

2.24 1-lb. pkg.

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LOW SALT OR FAT FREE

Butterball Turkey Breast

3.99 lb.

STORE SLICED, WATER ADDED

Domestic Cooked Ham

2.99 lb.

IN THE CHEESE PLACE, IMPORTED

Norwegian Jarlsberg

4.99 lb.

3 LBS. OR MORE, FAMILY PACK

Tyson/Holly Farms Split Chicken Breast

.99 lb.

PERDUE VALUE PACK, APPROX. 6-LB. AVG.

Fresh Chicken Thighs

.69 lb.

3 BREASTS, 3 DRUMSTICKS & 3 THIGHS

Perdue Pick of the Chick

1.49 lb.

5-7 LB. AVG., FRESH

Allen Roasting Chicken

.99 lb.

BONE-IN PORK, NO CENTER SLICES REMOVED

Fresh Ham

.99 lb.

Shank Half

1.99 lb.

ANY SIZE PKG., MEATY, BREAST BONE REMOVED

Fresh Pork Spareribs

1.99 lb.

The Grocery Place

REG. OR WITH BLEACH, LAUNDRY

Dynamo Ultra Liquid Detergent

1.99 50-oz. btl.

APPLE, COCONUT CUSTARD, LEMON, MERINGUE OR CHERRY

Rittenhouse 10" Pies

2.99 38 to 42-oz. box

STICKS, NO SALT, MINI, BEERS OR THINS

Wise Quinlan Pretzels

.74 9.5 to 10.25-oz. pkg.

ANY VARIETY

Keebler Zesta Saltines

1.19 15 to 16-oz. box

PLUS DEP. WHERE REG., MT. DEW, SCHWEPPE'S GINGER ALE, SLICE, OR REG., DIET OR CAFF. FREE

Pepsi 2-Ltr.

.99 UP TO 4 DISCOUNTS PER VARIETY MFR

PLUS DEP. WHERE REG., CLUB SODA OR ANY VARIETY

ShopRite Seltzer

3.100 1-ltr. btl.

PLUS DEP. WHERE REG., WELCH'S GRAPE OR REG., DIET OR CHERRY (REGULAR) TAKE UP TO 4 DISCOUNTS PER VARIETY MFR

7-Up 6-Pack

2.99 UP TO 4 DISCOUNTS PER VARIETY MFR

Health & Beauty Care

6.4 OZ. TUBE, REG. OR TARTAR CONTROL

Colgate Toothpaste

1.67 MFR

24 CT. CAPLETS, GELCAPS OR GEL TABS

Tylenol PM

3.49 UP TO 4 DISCOUNTS PER VARIETY MFR

1-LB. CAN

DAK Canned Ham

2.99 FINAL COST **1.99** MFR

The Produce Place

100 SIZE, EXTRA FANCY, WASHINGTON STATE

Red or Golden Delicious Apples

.69 lb.

NATURALLY SWEET

Fresh Pineapples

1.49 SALE PRICE **.50** FINAL COST **.99** SR

A GOOD SOURCE OF FIBER

Golden Ripe Bananas

2.99 lbs.

SLICE IN CEREAL

Red Ripe Strawberries

1.29 pt.

LUNCHBOX SNACK

Thompson or Red Seedless Grapes

1.49 lb.

ROYAL GALA, GRANNY SMITH, BRAEBURN OR FUJI

Variety Apples

.99 lb.

ANY VARIETY

McCain Bokü Juice Blends

1/2 PRICE

.99 1-qt. 14-oz. btl.

11.25 TO 15-OZ. MULTIGRAIN, HONEY NUT, FROSTED, APPLE, CIN. OR REGULAR

Cheerios Cereal

1.99 UP TO 4 DISCOUNTS PER VARIETY MFR

WHY PAY MORE™

ShopRite Vegetable Oil

3.99 1-gal. btl.

CRUSHED, PUREE OR SAUCE

Tuttorosso Tomatoes

3.100 14.5-oz. cans

REGULAR OR NO SALT ADDED

Del Monte Tomato Sauce

5.99 8-oz. cans

8 1/2 TO 7 1/2-OZ. BOX, TWISTS OR SHELLS & CHEDDAR OR UP TO 4 DISCOUNTS PER VARIETY

ShopRite Mac. & Cheese

.29 MFR

ANY VARIETY, SUPERMOIST, 1-LB. 2 1/2-OZ. BOX

Betty Crocker Cake Mix

.59 UP TO 4 DISCOUNTS PER VARIETY MFR

General Merchandise

AVAIL. 2/28/96

Pocahontas Video

16.99 each

ANY BRAND

Windshield Wash

1.29 1-gal. cont.

RINGLING BROS. & BARNUM & BAILEY

Tue. MAR. 5 * 7:30 PM OPENING NIGHT

SAVE \$5.00

UP TO \$100.00 OFF

\$10.00 tickets with coupons from SHOP RITE

APPEARING: MAR. 5-10

*SALADS MAIN INGREDIENT

Iceberg Lettuce

.69 lb.

SERVE HOT WITH CHEESE SAUCE

California Broccoli

.89 each

OTHER BRANDS OR

Coronet 1-Lb. Salad Mix

.74 ea.

ADD COLOR TO YOUR MEALS

Red Peppers

1.49 lb.

TRY STUFFED CABBAGE

Green Cabbage

3.100 lbs.

RED RIPE

Plum Tomatoes

.79 lb.

Lenten Seafood

AT ASKAN

Fresh Cod Fillet

4.99 100 PER PKG.

SAVE AN ADDITIONAL 1.00 PER PKG. (1.99 PER PKG. WITH PRICE PLUS CARD UP TO 4 DISCOUNTS SR)

FARM RAISED, STORE SLICED

Fresh Salmon Steak

3.99 lb.

FROZEN OR THAWED, FARM RAISED

Medium White Shrimp

5.99 lb.

Frozen Foods Place

ANY VARIETY, BERRY, BROWN, FAVORITE, FRESH, FROZEN, OR CHOCOLATE

Breyers Ice Cream

2.500 1-lb. conts.

ANY VARIETY

Banquet Meals

4.500 6.7 to 9.5 oz. pkgs.

CUT CORN, PEAS, PEAS & CARROTS OR MIXED

ShopRite Vegetables

4.500 24-oz. pkgs.

LARGE OR MINI

Italian Village Ravioli

1.14 13-oz. pkg.

Fresh Bake Shoppe

6 PACK

Homestyle Cinnamon Rolls

.99 1/2 PRICE

REGULAR OR WHEAT

Large Italian Bread

.99 16-oz.

IN THE FLORAL DEPT., A TOUCH OF SPRING

Fresh Cut Daffodils

1.29 10 stem bunch

Prices effective in New Jersey, North of Trenton (in Monticello, N.J.) including E. Windsor, R.J. & Rockland & Richmond Counties, N.Y. In order to assure a sufficient supply of sale items for all our customers, we reserve the right to limit purchase to 4 of any sale items. (except where otherwise noted. Not responsible for typographical errors. Add to other totals, if applicable. Where not necessary represent items on sale, it is for display purposes only. Sales subject to local law laws. PRICE PLUS \$5 ITEMS LIMIT 4 DISCOUNTS PER ITEM PER FLAVOR, PER VARIETY (UNLESS OTHERWISE NOTED). Copyright MAKEPAPER FOOD CORP., 1996. Effective Sun., Feb. 25 thru Sat., Mar. 2, 1996.

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